

List of All Chemicals

P Brassica oleracea var. capitata l. (Brassicaceae)

Common name(s)

White Cabbage; Red Cabbage; Cabbage

Variety

capitata

Variety author

L.

How used

Food

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
-METHOXYBRASSITIN	Leaf	--	30.0		Jim Duke's personal files.
Activities (3)					
Fungicide					
Pesticide					
Phytoalexin					
1,2-DITHIACYCLOPENT-4-ENE-3-THIONE	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
1-CYANO-2,3-EPITHIOPROPANE	Plant	--	--		*
1-CYANO-2,3-EPITHIOPROPANE	Leaf	--	--		*
1-CYANO-2-HYDROXY-3-BUTENE	Leaf	--	--		*
1-CYANO-2-HYDROXY-3-BUTENE	Plant	--	--		*
1-CYANO-3,4-EPITHIOBUTANE	Leaf	--	--		*
1-CYANO-3,4-EPITHIOBUTANE	Plant	--	--		*
1-CYANO-3,4-EPITHIOPENTANE	Plant	--	--		*
1-CYANO-3,4-EPITHIOPENTANE	Leaf	--	--		*
1-CYANO-3-METHYL-SULFINYL-PROPANE	Plant	--	--		*
1-CYANO-3-METHYL-SULFINYL-PROPANE	Leaf	--	--		*
1-CYANO-3-METHYL-THIO-PROPANE	Leaf	--	--		Jim Duke's personal files.
1-CYANO-4-METHYL-SULFINYL-BUTANE	Leaf	--	--		*
1-CYANO-4-METHYL-SULFINYL-BUTANE	Plant	--	--		*
1-CYANO-4-METHYL-THIO-BUTANE	Leaf	--	--		Jim Duke's personal files.
1-METHOXY-3-INDOYL-METHYL	Leaf	--	--		*
1-METHOXY-3-INDOYL-METHYL	Plant	--	--		*
1-METHOXY-GLUCOBRASSICIN	Leaf	--	--		Jim Duke's personal files.
1-O-FERULOYL-BETA-D-GLUCOSE	Leaf	--	--		Jim Duke's personal files.
1-O-P-COUMAROYL-BETA-D-GLUCOSE	Leaf	--	--		Jim Duke's personal files.
1-O-SINAPOYL-BETA-D-GLUCOSE	Leaf	--	--		Jim Duke's personal files.
2 HYDROXY-4-PENTENYLISOTHIOCYANATE	Leaf	--	--		*
2,4,5-TRITHISHEXANE	Leaf	--	--		Wealth of India.
2-BUTANONE	Leaf	--	--		Wealth of India.

2-HYDROXY-1-CYANO-BUT-3-ENE	Leaf	--	--	Jim Duke's personal files.
2-HYDROXY-3-BUTENYL-GLUCOSINOLATE	Leaf	--	--	*
2-METHOXY-PHENOL	Leaf	--	--	*
2-METHOXY-PHENOL	Plant	--	--	*
2-METHYL-THIO-PROPYL-GLUCOSINOLATE	Leaf	--	--	*
2-PHENETHYL-CYANIDE	Leaf	--	--	Wealth of India.
2-PHENYL-ETHYL-GLUSOSINOLATE	Leaf	--	--	USDA's Ag Handbook 8 and sequelae)
2-PROPRENYL-GLUCOSINOLATE	Plant	--	--	*
2-PROPRENYL-GLUCOSINOLATE	Leaf	--	--	*
3-(METHYLTHIO)-PROPYL-ISOTHIOCYANATE	Leaf	--	--	*
3-BUTENYL-GLUCOSINOLATE	Leaf	--	--	*
3-BUTENYL-ISOTHIOCYANATE	Leaf	--	--	*
Activities (1)				
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.			
3-HYDROXY-METHYL-INDOLE	Leaf	--	--	*
3-INDOYL-ACETONITRILE	Leaf	--	--	Wealth of India.
3-INDOYL-METHYL-GLUCOSINOLATE	Leaf	--	--	*
3-INDOYL-METHYL-GLUCOSINOLATE	Plant	--	--	*
3-METHYL-SULFINYL-PROPYL-GLUCOSINOLATE	Leaf	--	--	*
3-METHYL-SULFINYL-PROPYL-ISOTHIOCYANATE	Leaf	--	--	*
3-METHYL-THIO-PROPYL-CYANIDE	Leaf	--	--	Wealth of India.
3-O-(2-O-{BETA-D-GLUCOPYRANOSYL}-6-O-(4-O-{BETA-D-GLUCOPYRANOSYL}-5-O-BETA-D-GLUCOPYRANOSYL)...CYANIDIN	Leaf	--	16.0	Jim Duke's personal files.
3-O-(2-O-{BETA-D-GLUCOPYRANOSYL}-6-O-(4-O-{BETA-D-GLUCOPYRANOSYL}TRANS-FERULYL)...CYANIDIN	Leaf	--	0.5	Jim Duke's personal files.
3-O-(2-O-{BETA-D-GLUCOPYRANOSYL}-6-O-(4-O-{BETA-D-GLUCOPYRANOSYL}TRANS-PCOUMARYL)...CYANIDIN	Leaf	--	0.3	Jim Duke's personal files.
3-O-(6-O-{TRANS-FERULYL}-2-O-BETA-D-GLUCOPYRANOSYL)...CYANIDIN	Leaf	--	0.2	Jim Duke's personal files.
3-O-(6-O-{TRANS-P-COUMAROYL}-2-O-BETA-D-GLUCOPYRANOSYL)...CYANIDIN	Leaf	--	27.0	Jim Duke's personal files.
3-O-(6-O-{TRANS-SINAPL}-2-O-(BETA-D-GLUCOPYRANOSYL)-BETA-D-GLUCOPYRANOSYL5-O-(BETA-D-GLUCOPYRANOSYL)-CYANIDIN	Leaf	--	0.1	Jim Duke's personal files.
3-PENTANONE	Leaf	--	--	Wealth of India.
4-(METHYLTHIO)-BUTYL-ISOTHIOCYANATE	Leaf	--	--	*
4-CAFFOYLQUINIC-ACID	Plant	--	--	*
4-CAFFOYLQUINIC-ACID	Leaf	--	--	*
4-EPITHIOPUTANE	Leaf	--	--	Wealth of India.
4-HYDROXY-GLUCOBRASSICIN	Leaf	--	--	Jim Duke's personal files.
Activities (1)				
Quinone-Reductase-Inducer 100 uM	Fahey, J. W., Zhang, Y., Talalay, P. 1997. Broccoli Sprouts: An Exceptionally Rich Source of Inducers of Enzymes that Protects Against Chemical Carcinogens. Proc. Natl. Acad. Sci., 94: 10367-10372.			
4-HYDROXY-INDO-3-YL-METHYL-GLUCOSINOLATE	Seed	--	--	Jim Duke's personal files.
4-HYDROXY-INDOYL-3-YL-METHYL-GLUCOSINOLATE	Leaf	--	--	Jim Duke's personal files.
4-METHOXYBRASSININ	Leaf	--	1.0	Jim Duke's personal files.

Fungicide
Pesticide
Phytoalexin

4-METHYL-SULFINYL-BUTYL-GLUCOSINOLATE	Leaf	--	--	*
4-METHYL-SULFINYL-BUTYL-ISOTHIOCYANATE	Leaf	--	--	*
4-METHYL-THIO-BUTYL-CYANIDE	Leaf	--	--	Wealth of India.
4-METHYL-THIO-BUTYL-GLUCOSINOLATE	Leaf	--	--	*
4-P-COUMAROYLQUINIC-ACID	Leaf	--	--	*
4-P-COUMAROYLQUINIC-ACID	Plant	--	--	*
4-PENTENYL-CYANIDE	Leaf	--	--	*
4-PENTENYL-ISOTHIOCYANATE	Plant	--	--	*

Activities (1)

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

4-PENTENYL-ISOTHIOCYANATE	Leaf	--	--	*
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Activities (1)

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

5-FERULOYLQUINIC-ACID	Plant	--	--	*
5-FERULOYLQUINIC-ACID	Leaf	--	--	*
5-P-COUMAROYLQUINIC-ACID	Plant	--	--	*
5-P-COUMAROYLQUINIC-ACID	Leaf	--	--	*
5-VINYLOXAZOLIDINE-2-THIONE	Leaf	--	--	*
5-VINYLOXAZOLIDINE-2-THIONE	Plant	--	--	*
ACETALDEHYDE	Leaf	--	--	Wealth of India.

Activities (6)

Addictive 8 ug/kg Science News, 145: 294.

Fungicide
Perfumery FEMA 4-25 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide
Respiraparalytic
Tyrosinase-Inhibitor ID50=43 ug/ml

ACETONE	Leaf	--	--	Wealth of India.
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Activities (3)

Allergenic
CNS-Depressant Martindale's 29th
Narcotic Martindale's 29th

ALANINE	Leaf	420.0	5615.0	-1.62	USDA's Ag Handbook 8 and sequelae)
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Activities (3)

Antioxidant Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978.
Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Oxidant Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978.

ALKYL-NITRILES	Leaf	--	--	*
ALLYL-CYANIDE	Leaf	--	--	*
ALLYL-CYANIDE	Plant	--	--	*
ALLYL-GLUCOSINOLATE	Seed	--	--	Jim Duke's personal files.
ALLYL-ISOTHIOCYANATE	Leaf	--	20.0	Jim Duke's personal files.

Activities (16)

Antiasthmatic	
Antifeedant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiseptic	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Counterirritant	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Decongestant	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Embryotoxic	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Fungicide MIC=1.8-3.5 ug/ml	
Herbicide IC100=0.4 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Mutagenic	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Nematicovistat 50 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Pesticide	
Spice FEMA 1-80 ppm	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

ALPHA-AMYLASE	Leaf	--	--	Wealth of India.
ALPHA-LINOLENIC-ACID	Leaf	460.0	6150.0	-0.16

Activities (15)

5-Alpha-Reductase-Inhibitor	
Antiaggregant	Cunane, S. and Thompson, L. U., eds. 1995. <i>Flaxseed in Human Nutrition.</i> AOCS Press, Champaign IL. 384 pp.
Antihypertensive	
Antiinflammatory IC50=42 uM	
Antileukotriene-D4 IC50=42 uM	
Antimennorrhetic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimetastatic	Cunane, S. and Thompson, L. U., eds. 1995. <i>Flaxseed in Human Nutrition.</i> AOCS Press, Champaign IL. 384 pp.
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Hypotensive	Cunane, S. and Thompson, L. U., eds. 1995. <i>Flaxseed in Human Nutrition.</i> AOCS Press, Champaign IL. 384 pp.
Immunostimulant 0.12 ml/man/day	Cunane, S. and Thompson, L. U., eds. 1995. <i>Flaxseed in Human Nutrition.</i> AOCS Press, Champaign IL. 384 pp.
Lymphocytogenic 0.5 ug/ml	Cunane, S. and Thompson, L. U., eds. 1995. <i>Flaxseed in Human Nutrition.</i> AOCS Press, Champaign IL. 384 pp.
Propeptic	
Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn	Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. <i>Prostaglandins Leukotrienes Essential Fatty Acids</i> , 54(6): 451-455. ARS, USDA.
Vasodilator	

ALPHA-TERPINENE	Shoot	--	14.0	-0.44	*
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Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacyetylcholinesterase IC50=1.0 mM	
Antinitrosaminic	
Antispasmodic	
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 0.86 uM/fly	
Insectifuge	
P450-2B1-Inhibitor IC50=0.76 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	

ALPHA-TERPINEOL	Shoot	--	3.6	-0.28	*
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Activities (23)

ACE-Inhibitor 100 ug/ml (weak activity)	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.

Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Antiinflammatory	
Antiproliferant	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Cicatrizant ED50=240 ug/g mus	
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 1.29 uM/fly	
Interleukin-6- Inhibitor	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. <i>Bioactive Volatile Compounds from Plants. ACS Symposium Series 525</i> . Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. <i>Bioactive Volatile Compounds from Plants. ACS Symposium Series 525</i> . Amer. Chem. Soc., Washington DC
Termiticide IC100=5 mg/g	
Transdermal	
Vulnerary ED50=240 ug/g mus	

ALPHA-THUJENE	Shoot	--	18.0	-0.23	*
ALPHA-TOCOPHEROL	Leaf	0.4	170.0	-0.55	*

Activities (32)

Antialzheimeran	
Antiangular	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	Soumyanath, A. Ed. 2006. <i>Traditional Medicines for Modern Times - Antidiabetic Plants</i> . CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Anticancer	
Anticataract	
Anticonvulsant Synergen	
Antidementia	
Antidiabetic	Soumyanath, A. Ed. 2006. <i>Traditional Medicines for Modern Times - Antidiabetic Plants</i> . CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfarctal	Soumyanath, A. Ed. 2006. <i>Traditional Medicines for Modern Times - Antidiabetic Plants</i> . CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfertility	
Antiischemic	
Antimaculitic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuropathic	
Antioxidant 5 x quercetin	
Antioxidant IC34=10 uM	
Antiparkinsonian	
Antiradicular 5 x quercetin	
Antiretinotic	
Antirheumatic	
Antistroke	
Antitumor	
Antitumor (Bladder)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antitumor-Promoter	
Cancer-Preventive	
Cardioprotective	
Circulotonic	
Immunomodulator	

ALUMINUM

Plant -- -- *

Activities (5)

Antisilicotic	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antivaginitic	Martindale's 28th
Candidicide	Martindale's 28th
Encephalopathic	Martindale's 29th
Pesticide	

ALUMINUM

Leaf 1.0 4350.0 3.89 *

Activities (5)

Antisilicotic	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antivaginitic	Martindale's 28th
Candidicide	Martindale's 28th
Encephalopathic	Martindale's 29th
Pesticide	

AMMONIA Leaf 3800.0 11060.0 0.16 Jim Duke's personal files.

AMMONIA(NH3) Leaf 3800.0 11060.0 1.0 *

ANILINE Leaf 1.0 4.0 1.0 Jim Duke's personal files.

ANTHERAXANTHIN Leaf -- -- Jim Duke's personal files.

Activities (1)

Colorant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

ANTHOXANTHINS Sprout Seedling -- -- Jim Duke's personal files.

ARGININE Leaf 690.0 9225.0 -0.69 USDA's Ag Handbook 8 and sequelae)

Activities (14)

Antidiabetic?	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antiecephalopathic	Martindale's 29th
Antihepatitic	Martindale's 29th
Antihypertensive	
Antiimpotence	
Antiinfertility 4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antioxidant?	
Aphrodisiac 3 g/day	
Diuretic	
Hypoammonemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
NO-Genic	
Pituitary-Stimulant	
Spermigenic 4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

ARSENIC Leaf 0.004 0.007 -0.83 *

Activities (2)

Anorexic	Forest H. Nielsen, USDA, Grand Forks, various publications.
Pesticide	

ASCORBIC-ACID Leaf 190.0 6774.0 0.18 *

Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	

mg/day/Oral

AntiLyme	500-2,000 mg	
AntiRaynaud's	500 mg 1-2x/day	
Antiaggregant		Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging	400 mg/day	
Antiallergic		
Antialzheimeran	2,000-6,000 mg/day	
Antiarthritic	0.2-1 g/day	
Antiasthmatic	1,000 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiatherosclerotic		
Antibacterial		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticataract	350 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticataract	400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract	1 g 3x/day	
Anticervicaldysplastic	1,000-2,000 mg/day	
Anticlimacteric	500-5,000 mg/day	
Anticold	1-2 g/man/day	
Antidecubitic	500 mg/man/2x/day	Martindale's 28th
Antidementia		
Antidepressant	2,000 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antidiabetic		Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)		Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Lead)		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Paraquat)		Martindale's 28th
Antieczemic	3.5-5 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiedemic	1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiencephalitic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antienzymetrotic	2,000 mg/day	
Antifatigue	500-1,000 mg	
Antifibrotic	1,000-2,000 mg	
Antigallstone	1,000-3,000 mg/day	
Antigastritic		
Antigingivitic		
Antiglaucomic	2 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antihangover	1,000 mg	
Antihemorrhagic	1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatitic	2-6 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatotoxic		Economic & Medicinal Plant Research, 6: 189.
Antiperitic	1-5 g/day	
Antihistaminic	2 g/day orl man	
Antihypertensive		
Antiinfertility	1 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinflammatory		Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilepric	1.5 g/man/day	Martindale's 28th
Antilithic	1,000-3,000 mg/day	
Antimaculitic		
Antimeasles		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimenopausal	500-5,000 mg/day	
Antimigraine		Martindale's 29th
Antimutagenic		Economic & Medicinal Plant Research, 6: 235.
Antineuramidase		
Antinitrosic	1 g/man/day	Martindale's 28th
Antiobesity	1 g 3x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiorchitic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antosteopathitic	1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antosteoporotic	500 mg/day	
Antioxidant	100 ppm	
Antiparkinsonian	1 g 2-3x/day	
Antiparotitic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiperiodontic	1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.

Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASH	Leaf	6000.0	98072.0	-0.37	*
ASPARTIC-ACID	Leaf	1190.0	15910.0	-0.7	USDA's Ag Handbook 8 and sequelae)

Activities (3)

Antimorphinic	Martindale's 28th
Neuroexcitant	Martindale's 28th
Roborant	Merck 11th Edition

BARIUM	Leaf	1.0	87.0	-0.81	*
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BENZOPHENONE	Leaf	--	--	--	*
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Activities (1)

FLavor FEMA 1-2	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
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BENZYL-AMINE	Leaf	2.8	3.3	-0.9	Jim Duke's personal files.
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Activities (20)

Alluminurigenic	Commission E. Blumenthal,M.,Hall,T. and Rister,R.S. eds.1997.The ABC's German Commission E Monographs - Therapeutic Monographs on Medicinal Plants for Human Use by Commission E - A Special Expert Committee of the German Federal Health Agency ABC.Austin TX
Allergenic	
Anthelmintic	
Antiasthmatic	
Antibacterial	
Antibiotic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineoplastic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antinitrosaminic	
Antitumor	
Antiviral	
Flatulent	
Fungicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Herbicide IC100=0.4 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Insecticide	
Irritant	Commission E. Blumenthal,M.,Hall,T. and Rister,R.S. eds.1997.The ABC's German Commission E Monographs - Therapeutic Monographs on Medicinal Plants for Human Use by Commission E - A Special Expert Committee of the German Federal Health Agency ABC.Austin TX
Laxative 90 mg cow	
Nematicide 0.3-6 mM	
Pesticide	
Viristat	Commission E. Blumenthal,M.,Hall,T. and Rister,R.S. eds.1997.The ABC's German Commission E Monographs - Therapeutic Monographs on Medicinal Plants for Human Use by Commission E - A Special Expert Committee of the German Federal Health Agency ABC.Austin TX

BETA-AMYLASE

Leaf -- -- Wealth of India.

BETA-CAROTENE

Leaf 0.6 12.0 -1.09 *

Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticoronal 50 mg/man/2 days	
Antihyperkeratotic	
Antilichyhytic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotothobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrin 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	

Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 12 mg 3x/day/man/orl	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

BETA-SITOSTEROL	Leaf	70.0	700.0	-0.7	*
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Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiadrenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antihyperlipoproteinæmic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomeric	
Antimutagenic 250 ug/ml	
Antiophidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostatadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Hepatoprotective	

g/man/day/orl	
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

BORON Leaf 1.0 145.0 2.28 *

Activities (4)

Androgenic 3 mg/man/day	
Antiosteopathic	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoporotic 3 mg/man/day	
Estrogenic 3 mg/man/day	

BRASSININ Leaf -- 1.3 Jim Duke's personal files.

Activities (3)

Pesticide	
Phytoalexin	
Quinone-Reductase-Inducer 0.22 uM	Mehta, R. G., Liu, J. F., Constantinou, A., Thomas, C. E., Hawthorne, M., You, M., Gerhauser, C., Pezzuto, J. M., Moon, R. C., Moriarty, R. M. 1995. Cancer Chemopreventive Activity of Brassinin, a Phytoalexin from Cabbage. <i>Carcinogenesis</i> , 16(2): 399-404.

BROMINE	Leaf	0.2	37.0	-0.22	ACTA AGRIC SCAND SUPPL 22: 1980
BUTANEDIONE	Leaf	--	--		Wealth of India.
BUTENYL-CYANIDE	Leaf	--	--	*	
BUTYL-CYANIDE	Leaf	--	--	*	
BUTYL-GLUCOSINOLATE	Leaf	--	--	*	
BUTYL-GLUCOSINOLATE	Plant	--	--	*	
CADMIUM	Leaf	0.005	0.39	-0.7	*

Activities (3)

Hypertensive	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Nephrotoxic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).

CAFFEIC-ACID Leaf 0.5 77.0 -0.71 *

Activities (102)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Allergenic	
Analgesic	
AntiHIV EC50=200 ug/ml	
AntiLegionella	
Antiade noviral	Economic & Medicinal Plant Research, 5: 207.
Antiaggregant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiaging	
Antiatherogenic	
Antibacterial	
Anticancer	
Anticarcinogenic	Economic & Medicinal Plant Research, 6: 189.
Antidepressant	
Antiedemic	Economic & Medicinal Plant Research, 6: 189.
Antielastase IC50=93 um/l	
Antielastase IC50=86 ug/ml (475 uM)	
Antiescherichic	
Antiflu	Economic & Medicinal Plant Research, 5: 207.
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 25 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> , 36(3): 579-583. 1994.

Antihepatotoxic	
Antiherpetic 50 ug/ml	
Antiherpetic EC50=>50 ug/ml	
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid	
Antiinflammatory	
Antileukemic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antileukotriene	
Antimelanogenic	
Antimutagenic	Ki Soon Rhee, Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antinitrosaminic	Ki Soon Rhee, Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antiphidic	
Antioxidant 50 uM	
Antioxidant IC57=30 ppm	
Antioxidant 1/3 quercetin	
Antioxidant 30 mM	
Antioxidant 1.3 x Vit. E	
Antioxidant 1/2 BHA	
Antiperoxidant IC50=44 uM	Planta Medica, 57: A54, 1991.
Antiperoxidant IC35=200 ug/ml	
Antiperoxidant IC85=100 ug/ml	
Antiproliferant	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antiprostaglandin	
Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. Phytochemistry. 36(3): 579-583. 1994.
Antiradicular 1/3 quercetin	
Antiradicular 30 mM	
Antiradicular IC50=32-35 uM	
Antiseptic	
Antispasmodic EC50=3.4-15 uM	Phytotherapy Research, 4: 73.
Antistaphylococcic	
Antistomastic	Economic & Medicinal Plant Research, 5: 207.
Antisunburn	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithyroid	Jim Duke's personal files.
Antitumor 200 ppm diet orl mus	
Antitumor (Skin)	
Antitumor-Promoter IC42=10 uM	Cancer Research, 48: 5941.
Antiulcerogenic	
Antivaccinia	Economic & Medicinal Plant Research, 5: 207.
Antiviral IC50=62.5 ug/ml	
Anxiolytic	
CNS-Active	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
COX-2-Inhibitor IC32=100 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic 2% (diet)	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Clastogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Co-carcinogenic	
Collagen-Sparing	
Cytoprotective	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Cytotoxic TC50=200 ug/ml	
DNA-Active	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
DNA-Protective	
Diuretic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Fungicide MIC=0.4 mg/ml	
Hepatocarcinoenic 400 ppm diet orl	

Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.
Hepatotropic	
Histamine-Inhibitor	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC27=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Lipoxygenase-Inhibitor IC50=62-148 uM	
Lyase-Inhibitor IC50=94-164 uM	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Pesticide	
Prooxidant	
Prostaglandigenic	
Sedative 500 mg	
Sunscreen IC50=2.5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993.
Sunscreen IC91=5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993.
Sunscreen IC98=25 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993.
Tumorigenic	Jim Duke's personal files.
Vulnerary	
Xanthine-Oxidase-Inhibitor IC50=39.21 uM	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.

CAFFEIC-ACID-4-O-BETA-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.		
CALCIUM	Leaf	290.0	19500.0	0.07	*	

Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antioesity	
Antosteoporotic 500-2,000 mg/day	
Antiperiodontic 750 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	
Antistress 500-1,500 mg/day	
Antitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	

CAMPESTEROL	Leaf	20.0	200.0	0.27	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
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Activities (2)

Antioxidant IC37=10 uM	
Hypocholesterolemic	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

CARBOHYDRATES	Leaf	53700.0	717969.0	0.84	USDA's Ag Handbook 8 and sequelae)
CARVONE	Plant	--	--	*	
Activities (19)					
Allergenic					
Antiacyetylcholinesterase IC50=1.4-1.8 mM					
Antiproliferative					
Antiseptic 1.5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)				
CNS-Stimulant					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Candidistat					
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.				
FLavor FEMA 80-3,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungistat					
Insecticide	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.The therapeutic properties of essential oils and fragrances. Chap,12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.				
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Pesticide					
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.The therapeutic properties of essential oils and fragrances. Chap,12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Trichomonicide LD100=300 ug/ml					
Vermicide					
CARVONE	Leaf	--	--	*	
Activities (19)					
Allergenic					
Antiacyetylcholinesterase IC50=1.4-1.8 mM					
Antiproliferative					
Antiseptic 1.5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)				
CNS-Stimulant					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Candidistat					
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.				
FLavor FEMA 80-3,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungistat					
Insecticide	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.The therapeutic properties of essential oils and fragrances. Chap,12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.				
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Pesticide					
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.The therapeutic properties of essential oils and fragrances. Chap,12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Trichomonicide LD100=300 ug/ml					
Vermicide					
CHLORINE	Leaf	--	120.0	-0.64	Wealth of India.
Activities (7)					
Antibacterial	Martindale's 29th				
Antiherapeutic	Martindale's 29th				
Antiseptic	Martindale's 29th				
Antiviral	Martindale's 29th				
Candidicide	Martindale's 29th				
Fungicide	Martindale's 29th				
Pesticide					
CHLOROGENIC-ACID	Leaf	--	--	*	

Activities (77)

Aldose-Reductase-Inhibitor IC50=1.8 uM rat (strong activity)	Yoshikawa, M., et al. 1999. Medicinal Flowers. I. Aldose Reductase Inhibitors and Three New Eudesmane-Type Sesquiterpenes, Kikkanols A, B, and C, From the Flowers of Chrysanthemum indicum L. <i>Chem Pharm Bull</i> , 47(3): 340-345.
Allelochemical	
Allergenic	
Analgesic	
AntiEBV	Economic & Medicinal Plant Research, 6: 189.
AntiHIV	Economic & Medicinal Plant Research, 6: 189.
AntiLegionella	
Antiatherosclerotic	
Antibacterial	
Anticancer (Colon)	
Anticancer (Forestomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidiabetic	
Antifeedant	
Antigenotoxic	
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antihepatotoxic	
Antiherpetic	Economic & Medicinal Plant Research, 5: 194.
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid	
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukotriene	
Antimelanogenic	
Antimutagenic	
Antinitrosaminic	
Antioxidant IC53=200 ppm	Huang, M-T., and Ferraro, T. Phenolic Compounds in Food and Cancer Prevention. Phenolic Compounds in Food and Their Effects on Health, Ch.2 p.21.
Antioxidant IC80=12 uM	
Antioxidant IC50=54.2 uM	
Antiperoxidant IC50=36 uM	Planta Medica, 57: A54, 1991.
Antipolio	Jim Duke's personal files.
Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antiradicular 9 x quercetin	
Antiseptic	
Antisunburn	
Antithyroid	Jim Duke's personal files.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC25=10 uM	
Antiulcer	Economic & Medicinal Plant Research, 6: 189.
Antiviral	Vlietinck, A.J. and Domisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.
Autotoxic	
CNS-Active	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
CNS-Stimulant 1/6 Caffeine	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Clastogenic	Friedman, M. and Dao, L. 1990. Effect of Autoclaving and Conventional and Microwave Baking on the Ergot Alkaloid and Chlorogenic Acid Contents of Morning Glory (<i>Ipomoea tricolor</i> Cav. cv.) Heavenly Blue Seeds. <i>J. Agric. Food Chem.</i> 38: 805-808.
Collagen-Sparing	
Diuretic	
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Hepatoprotective	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Histamine-Inhibitor	
Hypoglycemic	

Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Interferonogenic	Economic & Medicinal Plant Research, 1: 124.
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC23=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
NO-Genic	
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sunscreen	
Sweetener	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Vulnerary	

CHLOROGENIC-ACID

Plant -- -- *

Activities (77)

Aldose-Reductase-Inhibitor IC50=1.8 uM rat (strong activity)	Yoshikawa, M., et al. 1999. Medicinal Flowers. I. Aldose Reductase Inhibitors and Three New Eudesmane-Type Sesquiterpenes, Kikkanols A, B, and C, From the Flowers of Chrysanthemum indicum L. Chem Pharm Bull, 47(3): 340-345.
Allelochemical	
Allergenic	
Analgesic	
AntiEBV	Economic & Medicinal Plant Research, 6: 189.
AntiHIV	Economic & Medicinal Plant Research, 6: 189.
AntiLegionella	
Antiatherosclerotic	
Antibacterial	
Anticancer (Colon)	
Anticancer (Forestomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidiabetic	
Antifeedant	
Antigenotoxic	
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. Phytochemistry. 36(3): 579-583. 1994.
Antihepatotoxic	
Antiherpetic	Economic & Medicinal Plant Research, 5: 194.
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid	
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukotriene	
Antimelanogenic	
Antimutagenic	
Antinitrosaminic	
Antioxidant IC53=200 ppm	Huang, M-T., and Ferraro, T. Phenolic Compounds in Food and Cancer Prevention. Phenolic Compounds in Food and Their Effects on Health, Ch.2 p.21.
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Antioxidant IC50=54.2 uM	
Antiperoxidant IC50=36 uM	Planta Medica, 57: A54, 1991.
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Antiradicular 9 x quercetin	
Antiseptic	
Antisunburn	
Antithyroid	Jim Duke's personal files.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	

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Antiviral	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Autotoxic	
CNS-Active	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
CNS-Stimulant 1/6 Caffeine	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Clastogenic	Friedman, M. and Dao, L. 1990. Effect of Autoclaving and Conventional and Microwave Baking on the Ergot Alkaloid and Chlorogenic Acid Contents of Morning Glory (<i>Ipomoea tricolor</i> Cav. cv.) Heavenly Blue Seeds. <i>J. Agric. Food Chem.</i> 38: 805-808.
Collagen-Sparing	
Diuretic	
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Hepatoprotective	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Histamine-Inhibitor	
Hypoglycemic	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in <i>Achillea millefolium</i> L. (Asteraceae). <i>Economic Botany</i> 48(2): 111-120, 1994.
Interferonogenic	Economic & Medicinal Plant Research, 1: 124.
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC23=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.25.
NO-Genic	
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.19.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sunscreen	
Sweetener	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Vulnerary	

CHOLINE Leaf -- 1200.0 -0.42 Wealth of India.

Activities (20)

Antialzheimeran 5-16 g/man/day	
Antichoreic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticirrhotic 6,000 mg/man/day	
Anticystinuric	
Antidementia	
Antidiabetic	
Antidyskinetic 150-200 mg/kg/man/day	Martindale's 28th
Antihomocysteine	
Antimanic 15-30 g/man/day/oral	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antinociceptive	
Antiseizure	
Cardiodepressant	
Cerebrotonic	
Cholinergic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Hepatoprotective	
Hypotensive	
Ileorelaxant	
Lipotropic	
Memorigenic	
Parasympathomimetic (1/1,000th acetylcholine)	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.

CHROMIUM Leaf 0.001 8.7 0.1 *

Activities (24)

AntiAGE 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 200 ug	
Antiacne	
Antiaging 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiatherosclerotic 20 ug/day	
Anticorneotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 200-1,000 ug	
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue 200 ug	
Antiglycosuric 200-1,000 ug	
Antiobesity 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 200-800 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitriglyceride 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Cardioprotective	
Energizer	
Hypocholesterolemic 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypocholesterolemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Insulinogenic	
Memorigenic	

CIS-HEXEN-1-OL	Leaf	--	--	Wealth of India.
CITRIC-ACID	Leaf	--	--	Jim Duke's personal files.

Activities (23)

Allergenic	
Alpha-Amylase-Inhibitor	
Antiaphthic 20,000 ppm	Martindale's 28th
Antiatherosclerotic	
Antibacterial	
Anticalculic	
Anticoagulant	Merck 11th Edition
Antileishmanic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Disinfectant	Martindale's 29th
Flavor FEMA 370-4,400	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Hemostat	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative?	Lawrence Review of Natural Products, Sep-91.
Litholytic	Martindale's 29th
Mycobactericide	
Odontolytic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Refrigerant	Martindale's 28th

COBALT	Leaf	0.001	2.9	-0.28	*
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Activities (2)

Cardiomyopathogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
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COPPER		Leaf	0.3	87.0	1.63	*
Activities (12)						
Antianemic						
Antiarthritic						
Antidiabetic 2-4 mg/day				Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.		
Antifatigue						
Antiinflammatory				Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.		
Antinociceptive				Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.		
Antiosteoporotic						
Cardioprotective						
Contraceptive			Martindale's 28th			
Hypocholesterolemic			Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.			
Immunomodulator						
Schizophrenogenic			Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.			
CROCETIN		Leaf	--	--		Jim Duke's personal files.
Activities (10)						
Anticancer (Skin) 3 uM						
Antihypoxic						
Antimutagenic			Economic & Medicinal Plant Research, 6: 235.			
Antioxidant						
Antitumor-Promoter 3 uM						
Choleretic 100 mg/kg						
Colorant			Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
Hypocholesterolemic			Fitoterapia No.5-1986.			
Lipolytic			Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.			
Neuroprotective						
CYANIDIN-3,5-DIGLUCOSIDE		Sprout Seedling	--	229.0		*
CYANIDIN-3-(DI-P-COUMAROYL)-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	229.0		Jim Duke's personal files.
CYANIDIN-3-(DIFERULYL)-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	214.0		Jim Duke's personal files.
CYANIDIN-3-(DISINAPYL)-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	257.0		Jim Duke's personal files.
CYANIDIN-3-(P-COUMAROYL)-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	200.0		Jim Duke's personal files.
CYANIDIN-3-FERULYL-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	243.0		Jim Duke's personal files.
CYANIDIN-3-MALONYL-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	171.0		Jim Duke's personal files.
CYANIDIN-3-SINAPYL-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	200.0		Jim Duke's personal files.
CYANIDIN-3-SOPHOROSIDE-5-GLUCOSIDE		Sprout Seedling	--	257.0		*
CYANIDIN-5-O-GLUCOSIDE-3-O-SOPHOROSIDE		Leaf	--	--		*
CYANIN		Leaf	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Activities (5)						
Antipolio			Economic & Medicinal Plant Research, 5: 197.			
Antiviral			Economic & Medicinal Plant Research, 5: 197.			
Emetic						
Pesticide						
Pigment			Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.			
CYCLOBRASSININ		Leaf	--	4.3		Jim Duke's personal files.

Pesticide						
Phytoalexin						
Quinone-Reductase-Inducer .22 uM	Mehta, R. G., Liu, J. F., Constantinou, A., Thomas, C. E., Hawthorne, M., You, M., Gerhauser, C., Pezzuto, J. M., Moon, R. C., Moriarty, R. M. 1995. Cancer Chemopreventive Activity of Brassinin, a Phytoalexin from Cabbage. Carcinogenesis, 16(2): 399-404.					
CYSTINE	Leaf	100.0	1337.0	-1.33	USDA's Ag Handbook 8 and sequelae)	
Activities (2)						
Adjuvant				Merck 11th Edition		
Antihomocystinuric				Martindale's 29th		
DEHYDROASCORBIC-ACID	Shoot	--	--		Jim Duke's personal files.	
DIINDOLYLMETHANE	Leaf	--	--	*		
DIINDOLYLMETHANE	Plant	--	--	*		
DIMETHYL-AMINE	Leaf	2.0	2.8	-1.0	Jim Duke's personal files.	
Activities (2)						
Coleoptophile			Merck 11th Edition			
Pesticide						
DIMETHYL-DISULFIDE	Leaf	--	--		Wealth of India.	
Activities (2)						
Antithyroid	Pakistan Encyclopedia Planta Medica. 1986.					
Perfumery Fragrance	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.					
DIMETHYL-TRISULFIDE	Leaf	--	--		Wealth of India.	
ERYTHRO-1-CYANO-2-HYDROXY-3,4-EPITHIOPUTANE	Plant	--	--	*		
ERYTHRO-1-CYANO-2-HYDROXY-3,4-EPITHIOPUTANE	Leaf	--	--	*		
ESTERASE	Leaf	--	--		Wealth of India.	
ETHYL-AMINE	Leaf	--	1.3	-1.0	Jim Duke's personal files.	
ETHYL-METHYL-AMINE	Leaf	--	0.9		Jim Duke's personal files.	
FAT	Leaf	1090.0	33559.0	-0.46	USDA's Ag Handbook 8 and sequelae)	
FAT	Seed	--	350000.0	0.45	Wealth of India.	
FERULIC-ACID	Leaf	4.0	20.0	0.75	*	
Activities (61)						
Allelopathic	Holappa, L.D., and Blum*, U. 1991. Effects of Exogenously Applied Ferulic Acid, a Potential Allelopathic Compound, on Leaf Growth, Water Utilization, and Endogenous Abscisic Acid Levels of Tomato, Cucumber, and Bean. <i>J. of Chemical Ecology</i> , 17(5): 865.					
Analgesic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 69.					
Antiaggregant	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. <i>Chem. Pharm. Bull.</i> 38(6): 1620-1623, 1990.					
Antiallergic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.					
Antiarrhythmic						
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.					
Anticancer (Colon)						
Anticancer (Forestomach)						
Anticancer (Liver)						
Anticancer (Skin)						
Anticarcinogenic						
Antidysmenorrheic						
Antiestrogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.					
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.					
Antiperistaltic						
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.					
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.					
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.					
Antimutagenic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. <i>Phenolic Compounds in Food and Their</i>					

Antineoplastic (Stomach)	
Antinitrosaminic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antioxidant 3,000 uM	
Antioxidant IC51=200 ppm	
Antioxidant 1/3 quercetin	
Antioxidant 1/2 BHA	
Antioxidant EC50=9-15 ug/ml	
Antiradicular EC50=9-15 ug/ml	
Antiradicular IC50=116-124 uM	
Antiserotonin	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antithrombic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC46=10 uM	Cancer Research, 48: 5941.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Arteriodilator	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cardiac	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Chalagogue	Pharmazie, 46: 156, 1991.
Choleretic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Hepatoprotective	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Hepatotropic	
Herbicide	Angewandte Botanik 68(5/6)=1994. Page 195.
Hydrocholerectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypolipidemic	
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Pesticide	
Phagocytotic	
Preservative	Merck 11th Edition
Prostaglandigenic	
Prostaglandin-Synthesis-Inhibitor 0.58-3.2 mM	Xu, L. N., Yu, W. G., Tian, J. Y., Liu, Q. Y. 1990. Effect of Sodium Ferulate on Arachidonic Acid Metabolism. Yao Hsueh Hsueh Pao, 25(6): 412-416.
Sunscreen	Chemical Marketing Reporter; a weekly tabloid, 9/10/92.
Uterosedative 30-100 mg/kg ivn rat	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.

FERULIC-ACID-B-BETA-D-GLUCOSIDE Leaf -- -- Jim Duke's personal files.

FIBER Leaf 6000.0 106960.0 -0.67 USDA's Ag Handbook 8 and sequelae)

Activities (15)

Angiotensin-Receptor-Blocker	
Antidiabetic	
Antihypertensive	
Antiobesity	
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Blocker	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Diuretic	
Hypocholesterolemic	
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypouricemic	
Laxative	
Vasodilator	

FLUORINE	Leaf	0.02	2.5	-0.63	ACTA AGRIC SCAND SUPPL 22: 1980
FOLACIN	Leaf	0.45	9.0	-0.09	USDA's Ag Handbook 8 and sequelae)

Activities (15)

AntiSpina-Bifida	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianemic 5-20 mg/man/day	
Anticervicaldysplastic 8-30 mg/wmn/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antigingivitic 2-5 mg/day/man	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimyelotoxic 5 mg/day/orl/man	Martindale's 29th
Antineuropathic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipsychotic	Martindale's 29th
Hematopoietic	Merck 11th Edition
Uricosuric	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Xanthine-Oxidase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

FOLIC-ACID	Leaf	--	0.133	-1.0	Wealth of India.
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Activities (23)

AntiSpina-Bifida	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianemic 5-20 mg/man/day	
Anticervicaldysplastic 8-30 mg/wmn/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticorony 400 ug/man/day	
Antidementia 10-20 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidepressant 800 ug/day	
Antigingivitic 2-5 mg/day/man	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antigout 10-40 mg/day	
Antiinfertility	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimetaplastic 10 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimyelotoxic 5 mg/day/orl/man	Martindale's 29th
Antineuropathic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontal 1 mg day	
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipolyp (preventive)	
Antipsychotic	Martindale's 29th
Cancer-Preventive	
Hematopoietic	Merck 11th Edition
Immunostimulant	
Uricosuric	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Xanthine-Oxidase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

FUMARIC-ACID	Leaf	--	--	Jim Duke's personal files.
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Activities (7)

Acidulant	Martindale's 28th
Antidermatitic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antihepatocarcinogenic IC100=1% (diet)	Akao, M. and Kuroda, K. 1990. Inhibitory Effect of Fumaric Acid on Hepatocarcinogenesis by Thioacetamide in Mice. Chem. Pharm. Bull. 38(7): 2012-2014, 1990.

Antipsoriac	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch für Apotheker und Ärzte.</i> Wissenschaftliche Verlagsgesellschaft mbH Stuttgart. 393 pp.
Antitumor	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
FLavor FEMA 50-3,600	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry

GAMMA-TERPINENE	Shoot	--	14.0	-0.38	*
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Activities (11)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. <i>Toyama-Ken Yakuji Kenkyusho Nenpo</i> , (20): 95-101.
Antiacylcholinesterase IC23=1.2 mM	
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Antioxidant	Jim Duke's personal files.
FLavor FEMA 1-40	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Pesticide	

GLUCOBRASSICANAPIN	Seed	--	0.1	*
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Activities (1)

Quinone-Reductase-Inducer 15 uM	Tawfig, N. Heaney, R.K., Plumb, J.A., Fenwick, G.R., Musk, S.R.R., Williamson, G. 1995. Dietary Glucosinolates as Blocking Agents Against Carcinogenesis: Glucosinolate Breakdown Products Assessed Induction of Quinone Reductase Activity I. <i>Carcinogenesis</i> 16(5)119-1194
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GLUCOBRASSICIN	Leaf	--	--	*
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Activities (1)

Quinone-Reductase-Inducer 100 uM	Fahay, J. W., Zhang, Y., Talalay, P. 1997. Broccoli Sprouts: An Exceptionally Rich Source of Inducers of Enzymes that Protects Against Chemical Carcinogens. <i>Proc. Nat. Acad. Sci.</i> , 94: 10367-10372.
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GLUCOBRASSICIN	Plant	--	--	*
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Activities (1)

Quinone-Reductase-Inducer 100 uM	Fahay, J. W., Zhang, Y., Talalay, P. 1997. Broccoli Sprouts: An Exceptionally Rich Source of Inducers of Enzymes that Protects Against Chemical Carcinogens. <i>Proc. Nat. Acad. Sci.</i> , 94: 10367-10372.
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GLUCOERUCIN	Leaf	--	--	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
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GLUCOIBERIN	Leaf	--	--	Jim Duke's personal files.
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Activities (1)

Quinone-Reductase-Inducer 15 uM	Tawfig, N. Heaney, R.K., Plumb, J.A., Fenwick, G.R., Musk, S.R.R., Williamson, G. 1995. Dietary Glucosinolates as Blocking Agents Against Carcinogenesis: Glucosinolate Breakdown Products Assessed Induction of Quinone Reductase Activity I. <i>Carcinogenesis</i> 16(5)119-1194
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GLUCOIBERVERIN	Leaf	--	--	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
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GLUCONAPIN	Seed	--	2.3	*
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Activities (1)

Quinone-Reductase-Inducer	Tawfig, N. Heaney, R.K., Plumb, J.A., Fenwick, G.R., Musk, S.R.R., Williamson, G. 1995. Dietary Glucosinolates as Blocking Agents Against Carcinogenesis: Glucosinolate Breakdown Products Assessed Induction of Quinone Reductase Activity I. <i>Carcinogenesis</i> 16(5)119-1194
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GLUCORAPHANIN	Leaf	--	--	Jim Duke's personal files.
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Activities (1)

Quinone-Reductase-Inducer 1 uM	Fahay, J. W., Zhang, Y., Talalay, P. 1997. Broccoli Sprouts: An Exceptionally Rich Source of Inducers of Enzymes that Protects Against Chemical Carcinogens. <i>Proc. Nat. Acad. Sci.</i> , 94: 10367-10372.
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GLUTAMIC-ACID	Leaf	2700.0	36099.0	-0.1	USDA's Ag Handbook 8 and sequelae)
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Activities (8)

ing/day/or/yr/man

Antiepileptic	
Antihyperammonemic	Martindale's 29th
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiretardation	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anxiolytic	Merck 11th Edition
Neurotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

GLYCINE Leaf 270.0 3610.0 -1.81 USDA's Ag Handbook 8 and sequelae)

Activities (12)

Antiacid	Martindale's 29th
Antialdosteronic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidote (Hypoglycin-A)	Martindale's 29th
Antiencephalopathic	Martindale's 29th
Antigastritic	Martindale's 29th
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipruritic	Merck 11th Edition
Antisickling	Ekke, G.J. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in <i>Cajanus cajan</i> Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990.
Antiulcer	Martindale's 29th
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Neuroinhibitor	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Uricosuric	

GOITRIN Leaf -- -- *

Activities (2)

Antithyroid	Merck 11th Edition
Goitrogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

GOITRIN Plant -- -- *

Activities (2)

Antithyroid	Merck 11th Edition
Goitrogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

HEXACOSAN-1-OL Leaf -- -- Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

HEOXIDASE Leaf -- -- Wealth of India.

HISTAMINE Leaf -- -- Wealth of India.

Activities (18)

Allergenic	
AntiMeniere's	Martindale's 28th
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimigraine	Martindale's 28th
Bronchoconstrictor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Bronchostimulant	Martindale's 28th
Cardiovascular 0.15 mg/kg ivn rbt	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Gastrostimulant	Martindale's 28th
Histaminic Antidote:Adrenaline	Martindale's 29th
Hypotensive	Martindale's 28th
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Myostimulant	Martindale's 29th
Radioprotective	Martindale's 28th
Secretagogue	Martindale's 29th
Spasmogenic	
Tachycardic	Martindale's 29th
Ulcerogenic 100 mg/kg ipr rat	

HISTIDINE		Leaf	250.0	3343.0	-1.02	USDA's Ag Handbook 8 and sequelae)
Activities (7)						
Antiarteriosclerotic						
Antinephritic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.					
Antioxidant						
Antiulcer						
Antiuremic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.					
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.					
Oxidant						
HYDROXYDIMETHYLBENZOPHENONE		Leaf	--	--	*	
INDOLE-3-ACETONITRILE		Leaf	--	--	*	
Activities (3)						
Antitumor						
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.					
Phytohormone	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.					
INDOLE-3-ACETONITRILE		Plant	--	--	*	
Activities (3)						
Antitumor						
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.					
Phytohormone	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.					
INDOLE-3-ALDEHYDE		Leaf	--	--		Wealth of India.
INDOLE-3-CARBINOL		Plant	--	--	*	
Activities (32)						
Amphiestrogenic						
Anticancer (Cervix) 200-400 mg/day						
Antiestrogenic						
Antiinflammatory						
Antilipus						
Antimetastatic						
Antipapillomic 200-400 mg/day						
Antiproliferant						
Antiproliferant						
Antirespirotic						
Antithyroid						
Antitumor						
Antitumor						
Antitumor (Breast)						
Antitumor (Cervix)						
Antitumor (Colon)						
Antitumor (Prostate)						
Apoptotic						
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.					
Carcinogenic						
Chemopreventive						
DNA-Protective						
Detoxicant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.					
Estrogenic						
Genotoxic						
Hepatoprotective						
Mutagenic						
NF-κB-Inhibitor						
NO-Inhibitor						
P450-Inducer						

50 mg/kg igs mus Tumor-Promoter	Carbinol and 5,10-dihydroindeno[1,2-b]indole in... <i>Fold Chem Toxicol</i> , 29(4): 237-242. Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.				
INDOLE-3-CARBINOL	Leaf	--	--	--	*
Activities (32)					
Amphiestrogenic					
Anticancer (Cervix) 200-400 mg/day					
Antiestrogenic					
Antiinflammatory					
Antilupus					
Antimetastatic					
Antipapillomac 200-400 mg/day					
Antiproliferant					
Antiproliferant					
Antirespirotic					
Antithyroid					
Antitumor					
Antitumor					
Antitumor (Breast)					
Antitumor (Cervix)					
Antitumor (Colon)					
Antitumor (Prostate)					
Apoptotic					
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Carcinogenic					
Chemopreventive					
DNA-Protective					
Detoxicant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.				
Estrogenic					
Genotoxic					
Hepatoprotective					
Mutagenic					
NF-κB-Inhibitor					
NO-Inhibitor					
P450-Inducer					
Quinone-Reductase-Inducer 50 mg/kg igs mus	Shertzer, H. G., Sainsbury, M. 1991. <i>Intrinsic Acute Toxicity and Hepatic Enzyme Inducing Properties of the Chemoprotectants Indole-3-carbinol and 5,10-dihydroindeno[1,2-b]indole in... Fold Chem Toxicol</i> , 29(4): 237-242.				
Tumor-Promoter	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.				
INDOLE-3-CARBOXALDEHYDE	Shoot	--	--	--	Jim Duke's personal files.
INDOLE-3-CARBOXYC-ACID	Leaf	--	--	--	Wealth of India.
INDOYL-3,3'-DIMETHANE	Shoot	--	--	--	Jim Duke's personal files.
IRON	Leaf	4.0	151.0	-0.54	*
Activities (6)					
Antiakathistic	Martindale's 29th				
Antianemic	Martindale's 29th				
Anticancer					
Anticheilitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.				
Antimenorrhagic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Prooxidant					
ISOLEUCINE	Leaf	610.0	8156.0	-1.01	USDA's Ag Handbook 8 and sequelae)
Activities (3)					
Antinecephalopathic?	Martindale's 29th				
Antipellagric	Martindale's 28th				
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
ISOMENTHOL	Plant	--	--	--	*
Activities (1)					
Antiacetylcholinesterase IC29=1.2 mM					

ISOMENTHOL

Leaf -- -- *

Activities (1)

Antiacetylcholinesterase IC₂₉=1.2 mM

JASMONIC-ACID	Leaf	--	--	Jim Duke's personal files.	
KAEMPFEROL	Leaf	100.0	300.0	0.77	Jim Duke's personal files.
Activities (75)					
11B-HSD-Inhibitor					
5-Lipoxygenase-Inhibitor IC ₅₀ (uM)=20					
Aldose-Reductase-Inhibitor 100 uM	Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. <i>J Braz Chem Soc</i> , 8(3): 211-213.				
Antiaflatoxin IC ₅₀ =8.73 uM					
Antiaflatoxin IC ₅₀ =3.28 ppm					
Antiaggregant 30 uM					
Antiallergic					
Antibacterial 20 ug/ml					
Anticancer					
Antifertility 250 mg/kg/day/60 days/oral rat	Kumar, P., Dixit*, V.P., and Khanna, P. Antifertility Studies of Kaempferol: Isolation and Identification from Tissue Culture of some Medicinally Important Plant Species. <i>Plantes medicinales et phytotherapie</i> , 23: 193-201, 1989.				
Antigingivitic 20 ug/ml					
Antiherpetic 23-92 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.				
Antihistaminic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Antiimplantation					
Antiinflammatory 20 mg/kg					
Antiinflammatory 200 mg/kg ipr rat					
Antileukemic IC ₅₀ =3.1 ug/ml	Life Sciences 55: 1061.				
Antilymphocytic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Antimutagenic ID ₅₀ =10-40 nM	Phenolic Compounds in Food and Their Effects on Health. <i>Antioxidants & Cancer Prevention</i> . Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.				
Antioxidant IC ₅₀ =40 uM					
Antioxidant 3/4 quercetin					
Antioxidant IC ₅₀ =1.2 ug/ml					
Antiperiodontic 20 ug/ml					
Antiplaque 20 ug/ml					
Antiradicular 7 x quercetin					
Antiseptic 20 ug/ml					
Antiserotonin 200 mg/kg ipr rat					
Antispasmodic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Antistaphylococcic					
Antitumor					
Antitumor-Promoter	Yasukawa, K., Takido, M., Takeuchi, M., Sato, Y., Nitta, K., and Nakagawa, S. 1989. Inhibitory Effects of Flavonol Glycosides on 12-O-Tetradecanoylphorbol-13-acetate-Induced Tumor Promotion. <i>Chem. Pharm. Bull.</i> 38(3): 774-776, 1990.				
Antiulcer 50-200 mg/kg ipr rat					
Antiviral 23-92 ug/ml					
Apoptotic 60 uM					
Aromatase-Inhibitor IC ₁₂ =1 uM/l	Journal of Medicinal Food 2: 235.1999.				
COX-2-Inhibitor					
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Carcinogenic	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. <i>Zulu Medicinal Plants. An inventory</i> . University of Natal Press, Pietermaritzburg. 450 pp.				
Choleretic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Copper-Chelator					
Cyclooxygenase-Inhibitor IC ₅₀ (uM) =20					
Cytotoxic					
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.				
Diuretic					
Estrogenic EC ₅₀ =0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.				

UM	
Fungicide 20 ug/ml	Father Nature's Farmacy: The aggregate of all these three-letter citations.
HIV-RT-Inhibitor IC50=50-150 uM	Garcia, J., Morin,* C., Nyasse, B., Sondengam, B-L., Tchouankeu, J-C., and Tsamo, E. Complete Structural Assignments Of An Ergosterol Derivative From <i>Entandrophragma utile</i> . <i>Journal of Natural Products</i> , 54(1): 136-142, 1991.
Hepatoprotective IC50=5.46 uM	
Hepatoprotective IC50=1.30 ppm	
Hypotensive	
ICAM-1-Inhibitor	
Inotropic	
Iodothyronine-Deiodinase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
JNK-Inhibitor	
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
MAO-Inhibitor	
Mutagenic	
NO-Inhibitor IC50=13.9 uM	
Natriuretic	
Neuroprotective	
PAF-Inhibitor	
Pesticide	
Protisticide	Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of <i>Helianthemum glomeratum</i> . <i>Phytotherapy Research</i> , 13(2): 102-105.
Quinone-Reductase-Inducer 3 uM	
TNF-alpha-Inhibitor IC50=3.99 uM	
Teratologic	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.
Topoisomerase-II-Inhibitor IC50=8.1 ug/ml	Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. <i>J Natural Products</i> , 58: 217-225.
Tyrosinase-Inhibitor ID50=230 uM	
Uterotrophic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Vasodilator	
cAMP-Phosphodiesterase-Inhibitor	
iNOS-Inhibitor IC50=<15 uM	
iNOS-Inhibitor IC50=13.9 uM	

KAEMPFEROL-3-O-SOPHOROSIDE	Leaf	--	--		Jim Duke's personal files.
KAEMPFEROL-3-FERULOYL-SOPHOROSIDE	Leaf	--	--		Jim Duke's personal files.
KAEMPFEROL-3-SINAPOYL-SOPHOROSIDE	Leaf	--	--		Jim Duke's personal files.
KAEMPFEROL-3-SOPHOROSIDE-7-GLUCOSIDE	Leaf	--	--		Jim Duke's personal files.
KAEMPFEROL-7-GLUCOSIDE	Leaf	--	--		Jim Duke's personal files.

Activities (1)

Antiinflammatory

KILOCALORIES	Leaf	240.0	3209.0	0.31	USDA's Ag Handbook 8 and sequelae)
LANTHANUM	Leaf	6.7	20.3	0.27	*
LEAD	Leaf	0.002	5.8	-0.53	*
LEUCINE	Leaf	630.0	8423.0	-1.25	USDA's Ag Handbook 8 and sequelae)

Activities (2)

Antiepileptogenic	Martindale's 29th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

LINOLEIC-ACID	Leaf	350.0	4680.0	-0.59	USDA's Ag Handbook 8 and sequelae)
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Activities (27)

5-Alpha-Reductase-Inhibitor	
AntiIMS	Economic & Medicinal Plant Research, 6: 189.

Antialopelcic	Economic & Medicinal Plant Research, 6: 189.
Antianaphylactic	
Antiandrogenic	
Antiarteriosclerotic	
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.
Anticoronal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antieczemic	Economic & Medicinal Plant Research, 6: 189.
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antigranular	
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.
Antiinflammatory IC50=31 uM	
Antileukotriene-D4 IC50=31	
Antimennorrhagic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Science News, 146: 421.
Comedolytic	
Hepatoprotective	
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Metastatic	Science News, 146: 421.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Propecic	

LITHIUM Leaf 0.28 1.4 -0.5 *

Activities (11)

AntiPMS	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperthyroid	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimanic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipsychotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antischizophrenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiviral	
Cholinergic	
Deliriant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Natriuretic	
Nephrotoxic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

LUTEIN Leaf -- -- Jim Duke's personal files.

Activities (15)

Antiatherosclerotic	
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Antimaculitic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antinyctalopic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antioxidant	
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antiradicular	
Antiretinitic Optometry	
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Antitumor (Colon)	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Prooxidant 5-40 ug/g	
Quinone-Reductase-Inducer 2.5 ug	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Retinoprotectant Optometry	
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

LYSINE Leaf 570.0 7621.0 -1.19 USDA's Ag Handbook 8 and sequelae)

Activities (4)

Antiherpetic 0.5-3 g/day	
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Hypoarginanemic 250 mg/kg	Martindale's 29th

MAGNESIUM	Leaf	100.0	2228.0	-0.73	*
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Activities (65)

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants.</i> Kampong Publications, Vista CA. 713 pp.
Anticoronal 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiendometriotic 500 mg/day	
Antienteric	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastric	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antimiral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplaque 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants.</i> Kampong Publications, Vista CA. 713 pp.

Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Vasodilator	

MALIC-ACID Leaf -- -- Jim Duke's personal files.

Activities (15)

Antiatherosclerotic	
Antibacterial	
Antifibromyalgic 300 mg 3x/day	
Antioxidant Synergist	Merck 11th Edition
Antiseborheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Bacteristat	
Bruchiphobe	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Hemopoietic	
Laxative?	Lawrence Review of Natural Products, Sep-91.
Mycobactericide	
Pesticide	
Sialogogue	Martindale's 29th

MANGANESE Leaf 1.0 45.0 -0.39 *

Activities (14)

AntiPMS	
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.
Antianemic	Martindale's 28th
Antiarthritic	
Antidiabetic 3-5 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antidiabetic 10-30 mg/man/day	
Antidisodic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidyskinetic	Martindale's 28th
Antiepileptic 450 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoporotic	
Antiototic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antioxidant	
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 10-30 mg/man/day	

MENTHOL Plant -- -- *

Activities (63)

Allergenic	Martindale's 29th
Analgesic	Martindale's 28th
Anesthetic 2,000 ppm	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antiacyetylcholinesterase IC50=2.0 mM	
Antiaggregant IC50=750	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antiasthmatic	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy</i> . Churchill Livingston, Edinburgh.
Antibacillus MIC=1.25 mg/ml	

Antibronchitic	Martindale's 28th
Antidandruff	A.L.L. Hunting. Encyclopedia of Shampoo Ingredients. Micelle Press, Cranford NJ. 467 pp.
Antiescherichic MIC=1.25 mg/ml	
Antihalitotic	American Health, 12(4): 17, 1993.
Antihistaminic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antiinflammatory	Martindale's 28th
Antilisteria MIC=0.625 mg/ml	
Antineuragic	
Antiodontalgic	Martindale's 28th
Antipruritic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antipyretic	
Antirheumatic	Martindale's 28th
Antisalmonella MIC=0.625 mg/ml	
Antiseptic 4 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antisinusitic	Martindale's 28th
Antispasmodic ED50=0.01 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcal MIC=0.625 mg/ml	
Antistreptococcal MIC=0.4 mg/ml	
Antitartrar	
Antivaginitic	
Antivulvitic	
Bradycardic 65 mg/3 x day/woman	Martindale's 28th
Bronchomucolytic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Bronchomucotropic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Bronchorrheic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
CNS-Depressant	
CNS-Stimulant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Calcium-Antagonist	
Candidicide MIC=0.625 mg/ml	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Choleretic	
Ciliotoxic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Congestant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benfice Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Counterirritant	
Decongestant? 11 mg/man	Eccles, R., et al. 1989. The effects of oral administration of (-)-menthol on nasal resistance to airflow and nasal sensation of airflow in subjects suffering from nasal congestion associated with the common cold. <i>J. Pharm. Pharmacol.</i> 42: 652-654, 1990.
Dermatitogenic	
Diaphoretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Enterorelaxant	J. Aromatherapy 4: 22.
Expectorant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Gastrosedative	Merck 11th Edition
Irritant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Myorelaxant	Martindale's 29th
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Neurodepressant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Neuropathogenic 40-100 mg/day/rat	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Nociceptive	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Perfumery	Merck 11th Edition
Pesticide	
Refrigerant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Rubefacient	
Termiticide	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Transdermal	
Vibriocide	

Activities (63)

Allergenic	Martindale's 29th
Analgesic	Martindale's 28th
Anesthetic 2,000 ppm	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antiacylcholinesterase IC50=2.0 mM	
Antiaggregate IC50=750	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antiasthmatic	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy</i> . Churchill Livingston, Edinburgh.
Antibacillus MIC=1.25 mg/ml	
Antibacterial MIC=0.625-2.5	
Antibronchitic	Martindale's 28th
Antidandruff	A.L.L. Hunting. <i>Encyclopedia of Shampoo Ingredients</i> . Micelle Press, Cranford NJ. 467 pp.
Antiescherichic MIC=1.25 mg/ml	
Antihalitotic	American Health, 12(4): 17, 1993.
Antihistaminic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antiinflammatory	Martindale's 28th
Antilisteria MIC=0.625 mg/ml	
Antineuragic	
Antiodontalgic	Martindale's 28th
Antipruritic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antipyretic	
Antirheumatic	Martindale's 28th
Antisalmonella MIC=0.625 mg/ml	
Antiseptic 4 x phenol	Wagner & Wolff, eds. 1977. <i>New Natural Products</i> (RS164. I56. 176)
Antisinusitic	Martindale's 28th
Antispasmodic ED50=0.01 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcic MIC=0.625 mg/ml	
Antistreptococcic MIC=0.4 mg/ml	
Antitartrar	
Antivaginitic	
Antivulvitic	
Bradycardic 65 mg/3 x day/woman	Martindale's 28th
Bronchomucolytic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Bronchomucotropic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Bronchorrheic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
CNS-Depressant	
CNS-Stimulant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Calcium-Antagonist	
Candidicide MIC=0.625 mg/ml	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Choleretic	
Ciliotoxic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Congestant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Convulsant	R.J. Huxtable (Huxtable, R.J. (as T. Max). 1992. <i>This and That: The Essential Pharmacology of Herbs and Spices</i> . Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benficial Nature. <i>The Risk of Herbal Preparations</i> . Annals. Intern. Med. 117(2):165-6; Huxtable, R.
Counterirritant	
Decongestant? 11 mg/man	Eccles, R., et al. 1989. The effects of oral administration of (-)-menthol on nasal resistance to airflow and nasal sensation of airflow in subjects suffering from nasal congestion associated with the common cold. <i>J. Pharm. Pharmacol.</i> 42: 652-654, 1990.
Dermatitogenic	
Diaphoretic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Enterorelaxant	J. Aromatherapy 4: 22.
Expectorant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Gastrosedative	Merck 11th Edition
Irritant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.

Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Neurodepressant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Neuropathogenic 40-100 mg/day/rat	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Nociceptive	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Perfumery	Merck 11th Edition
Pesticide	
Refrigerant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Rubefacient	
Termiticide	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Transdermal	
Vibriocide	

MERCURY	Leaf	--	0.013	-0.79	*
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Activities (1)

Nephrotoxic Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

METHIONINE	Leaf	120.0	1604.0	-1.23	USDA's Ag Handbook 8 and sequelae)
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Activities (15)

Anticataract	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidote (Acetaminophen) 10 g/16hr/man/orl	Martindale's 29th
Antidote (Paracetamol) 10 g/16hr/man/orl	Martindale's 29th
Antieczemic	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antioxidant	
Antiparkinsonian 1-5 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Emetic	Martindale's 29th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Glutathionigenic	Martindale's 29th
Hepatoprotective	
Lipotropic	Merck 11th Edition
Urine-Acidifier 200 mg/3x/day/man/orl	Martindale's 28th
Urine-Deodorant	Martindale's 29th

METHYL-AMINE	Leaf	3.4	22.7	-0.18	Jim Duke's personal files.
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Activities (1)

Irritant

METHYL-SULFINYL-ALKYL-ISOTHIOCYANATES	Leaf	--	--	*	
METHYL-SULFOXYL-ALKYL-ISOTHIOCYANATES	Leaf	--	--	*	
MEVALONIC-ACID	Leaf	--	--	Wealth of India.	
MOLYBDENUM	Leaf	0.1	8.7	2.96	*

Activities (2)

Anticancer (Esophagus)?	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antitumor (Esophagus)?	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.

MONOBUTYLPHTHALATE	Leaf	--	--	*	
MONOOCTYLPHTHALATE	Leaf	--	--	*	
N-(1)-METHOXYBRASSININ	Leaf	--	63.0	Jim Duke's personal files.	
N-BUTYL-ISOTHIOCYANATE	Leaf	--	--	Wealth of India.	
N-HEXANAL	Leaf	--	--	Wealth of India.	
N-METHYL-ANILINE	Leaf	--	0.3	-1.0	Jim Duke's personal files.
N-METHYL-BETA-PHENETHYLAMINE	Leaf	0.5	2.0		Jim Duke's personal files.

N-METHYL-PHENETHYLAMINE	Leaf	0.5	3.7	1.38	Jim Duke's personal files.
N-NONACOSANE	Leaf	--	--		Jim Duke's personal files.
Activities (1)					
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.				
N-PENTYL-AMINE	Leaf	0.6	1.4	1.41	Jim Duke's personal files.
NAPOLEIFERIN	Seed	--	0.1	*	
NARCOTINE	Leaf	--	--		Jim Duke's personal files.
Activities (6)					
Analgesic					
Antiherpetic					
Antitussive					
Antiviral					
Artemicide LC50=87					
Sedative					
NEO-CHLOROGENIC-ACID	Leaf	--	--		*
Activities (2)					
Antiinflammatory					
Vulnerary					
NEO-CHLOROGENIC-ACID	Plant	--	--		*
Activities (2)					
Antiinflammatory					
Vulnerary					
NEOGLUCOBRASSICIN	Plant	--	--		*
Activities (1)					
Quinone-Reductase-Inducer 100 uM	Fahay, J. W., Zhang, Y., Talalay, P. 1997. Broccoli Sprouts: An Exceptionally Rich Source of Inducers of Enzymes that Protects Against Chemical Carcinogens. Proc. Nat. Acad. Sci., 94: 10367-10372.				
NEOGLUCOBRASSICIN	Leaf	--	--		*
Activities (1)					
Quinone-Reductase-Inducer 100 uM	Fahay, J. W., Zhang, Y., Talalay, P. 1997. Broccoli Sprouts: An Exceptionally Rich Source of Inducers of Enzymes that Protects Against Chemical Carcinogens. Proc. Nat. Acad. Sci., 94: 10367-10372.				
NEOMENTHOL	Plant	--	--		*
Activities (2)					
Antispasmodic ED50=0.033 mg/ml	Fitoterapia No.59-1984.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
NEOMENTHOL	Leaf	--	--		*
Activities (2)					
Antispasmodic ED50=0.033 mg/ml	Fitoterapia No.59-1984.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
NEOXANTHIN	Leaf	--	--		Jim Duke's personal files.
Activities (2)					
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
NIACIN	Leaf	3.0	40.0	-0.7	*
Activities (39)					
Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
AntiLyme 50 mg/day					
AntiMeniere's	Duke, J. A. Write ups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.				
AntiRaynaud's 1,500-4,000 mg/day					

Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antialzheimeran	
Antiamblyopic	
Antiangular	
Anticataract	
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic	
Antidysphagic	
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 50 mg	
Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuragic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	
Hypoglycemic	
Hypolipidemic	
Sedative	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Serotonergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vasodilator	Martindale's 29th

NICKEL	Leaf	0.02	8.7	-0.25	*
Activities (3)					
Antiadrenalinic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anticirrhotic?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Insulin-Sparing	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
NITROGEN	Leaf	2100.0	37500.0	-0.31	ACTA AGRIC SCAND SUPPL 22: 1980
NONACOSAN-15-ONE	Leaf	--	--		Jim Duke's personal files.
OLEIC-ACID	Leaf	130.0	1738.0	-0.43	USDA's Ag Handbook 8 and sequelae)
Activities (18)					
5-Alpha-Reductase-Inhibitor					
Allergenic					
Alpha-Reductase-Inhibitor					
Anemiagenic					
Antialope cic					
Antiandrogenic					
Antiinflammatory IC50=21 uM					
Antileukotriene-D4 IC50=21 uM					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Choleretic 5 ml/man					
Dermatitogenic					
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Irritant	Merck 11th Edition				

Perfumery
Propecic

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

OXALATE	Leaf	1000.0	13370.0	-0.63	USDA's Ag Handbook 8 and sequelae)
OXALIC-ACID	Leaf	30.0	350.0	-0.47	*

Activities (9)

Acaricide	
Antiseptic	
CNS-Paralytic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fatal	Martindale's 29th
Hemostatic	Merck 11th Edition
Irritant	
Pesticide	
Renotoxic	Merck 11th Edition
Varroacide	

P-COUMARIC-ACID	Leaf	0.5	9.0	-0.35	*
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Activities (25)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.
Allelopathic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibacterial	Pharmazie, 46: 156, 1991.
Anticlastogen	
Antifertility	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antinitrosaminic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antioxidant IC24=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.
Antiseptic	
Antispasmodic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antitumor	
Cancer-Preventive	
Chemopreventive	
Choleretic	
Cytotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Lipoxygenase-Inhibitor IC11=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Pesticide	
Prostaglandogenic	
Prostaglandin-Synthesis-Inhibitor	
Tyrosinase-Inhibitor ID50=3,650 uM	

P-COUMARIC-ACID-O-BETA-D-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.	
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PALMITIC-ACID	Leaf	190.0	2540.0	-0.34	USDA's Ag Handbook 8 and sequelae)
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Activities (13)

5-Alpha-Reductase-Inhibitor	
Antialopanic	
Antiandrogenic	
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antioxidant IC40=60	
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hemolytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Propecic
Soap

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

PANTOTHENIC-ACID	Leaf	1.4	19.0	-0.45	USDA's Ag Handbook 8 and sequelae)
Activities (11)					
Antiallergic 100-500 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.				
Antiarthritic 500-2,000 mg/day	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Anticephalagic	Martindale's 29th				
Anticlaudificant?	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.				
Antidermatitic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Antifatigue	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.				
Antihypercholesterolemic 300 mg/meal	Martindale's 29th				
Antihielus?	Martindale's 29th				
Antiinsomniac?	Martindale's 29th				
Antirheumatitic?	Martindale's 29th				
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
PECTIN	Leaf	--	45700.0	0.26	Wealth of India.
Activities (24)					
Antiatheromic 15 g/man/day	Cerda, J.J. <i>Pectin in Health and Disease.</i> HortScience, 25(12): 1485, 1990.				
Antibacterial					
Antidiabetic 10 g/man/day/orl	Merck 11th Edition				
Antidiarrheic					
Antienteric					
Antigallstone					
Antigastritic					
Antilithic					
Antimetastatic					
Antimutagenic					
Antiobesity	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.				
Antitumor (Colon)					
Antitumor (Prostate)					
Antitussive					
Antiulcer					
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Chemopreventive					
Demulcent					
Fungicide	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Hemostat					
Hypocholesterolemic					
Hypoglycemic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.				
Peristaltic					
Pesticide					
PHENETHYL-CYANIDE	Leaf	--	--		Wealth of India.
PHENETHYLAMINE	Leaf	2.1	8.6	1.37	Jim Duke's personal files.
Activities (3)					
Insectifuge	Grainge, M. and Ahmed, S., <i>Handbook of Plants with Pest-Control Properties,</i> John Wiley & Sons, New York, NY, 1988, 470.				
Irritant	Merck 11th Edition				
Pesticide					
PHENYLALANINE	Leaf	390.0	5214.0	-1.31	USDA's Ag Handbook 8 and sequelae)
Activities (7)					
AntiADD 587 mg/day/orl	Martindale's 29th				
Antidepressant 50-4,000 mg/day/man					
Antiparkinsonian 200-500 mg/day/man	Martindale's 28th				
Antisickling 690 ug/ml					
Antivitiligo 100 mg/kg/day/orl/man	Martindale's 29th				
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).				

PHENYLETHYL-ISOTHIOCYANATE	Leaf	--	--	USDA's Ag Handbook 8 and sequelae)		
PHEOPHYTIN-A	Leaf	--	--	Jim Duke's personal files.		
Activities (3)						
Antigenotoxic						
Antiinflammatory						
Antimutagenic						
	McKenna, D.J., Hughes, K., and Jones, K. 2000. Green Tea Monograph. Alternative Therapies, 6(3): 61-82.					
	McKenna, D.J., Hughes, K., and Jones, K. 2000. Green Tea Monograph. Alternative Therapies, 6(3): 61-82.					
	Economic & Medicinal Plant Research, 6: 235.					
PHOSPHOLIPIDS	Leaf	80.0	2400.0	-1.0	*	
PHOSPHORUS	Leaf	214.0	6500.0	0.28	*	
Activities (4)						
Antiosteoporotic						
Anxiolytic						
Immunostimulant						
Osteogenic						
	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
PHYLLOQUINONE	Flower	0.19	3.39		*	
Activities (5)						
Antihemorrhagic 1 mg ims man						Martindale's 28th
Fungicide						
Hypotensive						
Pesticide						
Toxic						Martindale's 28th
PHYSTOSTEROLS	Leaf	110.0	1471.0	-0.33	USDA's Ag Handbook 8 and sequelae)	
Activities (2)						
Antiprostatotic						
Hypocholesterolemic						
POTASSIUM	Leaf	1140.0	42500.0	0.54	*	
Activities (14)						
Angiotensin-Receptor-Blocker						
Antiarrhythmic						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive						
Antispasmodic						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antistroke						
Anxiolytic						
Beta-Blocker						
Cardioprotective 3,000-5,000 mg						
Cardiotoxic 18,000 mg/man/day						
Diuretic						
Hypotensive						
Vasodilator						
PROGOITRIN	Seed	--	1.9		*	
Activities (1)						
Quinone-Reductase-Inducer 15 uM						Tawfig,N. Heaney,R.K.,Plumb,J.A.,Fenwick,G.R.,Musk,S.R.R.,Williamson,G.1995. Dietary Glucosinolates as Blocking Agents Against Carcinogenesis: Glucosinolate Breakdown Products Assessed Induction of Quinone Reductase Activity I.Carcinogenesis 16(5)119-1194
PROGOITRIN	Leaf	--	--			Jim Duke's personal files.
Activities (1)						
Quinone-Reductase-Inducer 15 uM						Tawfig,N. Heaney,R.K.,Plumb,J.A.,Fenwick,G.R.,Musk,S.R.R.,Williamson,G.1995. Dietary Glucosinolates as Blocking Agents Against Carcinogenesis: Glucosinolate Breakdown Products Assessed Induction of Quinone Reductase Activity I.Carcinogenesis 16(5)119-1194
PROLINE	Leaf	2380.0	31821.0	2.98	USDA's Ag Handbook 8 and sequelae)	

PROP-2-ENYL-ISOTHIOCYANATE	Plant	--	--	*
PROOPENYL-CYANIDE	Leaf	--	--	*
PROPYL-GLUCOSINOLATE	Leaf	--	--	*
PROPYL-GLUCOSINOLATE	Plant	--	--	*
PROTEIN	Leaf	10780.0	179425.0	-0.32
PROTOCATECHUIC-ACID	Plant	--	--	*
Activities (43)				
Allergenic				
Alpha-Glucosidase-Inhibitor				
AntiLegionella				
Antiarrhythmic		Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407.		
Antiasthmatic				
Antibacterial		Lamikanra, A., Ogundaini, A.O., and Ogungbamila*, F.O. Antibacterial Constituents of Alchornea cordifolia Leaves. <i>Phytotherapy Research</i> 4(5): 198.		
Anticlastogen				
Antihepatotoxic		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.		
Antiherpetic				
Antiinflammatory		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.		
Antiischemic		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.		
Antileukemic				
Antimelanogenic ID60=0.5 uM/ml				
Antimutagenic				
Antiphidic		Economic & Medicinal Plant Research, 5: 363.		
Antioxidant 2/3 quercetin				
Antioxidant 10 x alpha-tocopherol				
Antioxidant 1/2 BHT				
Antiperoxidant IC50=>100 uM		Planta Medica, 57: A54, 1991.		
Antiperoxidant IC75=200 ug/ml				
Antiradicular				
Antiseptic				
Antispasmodic EC50=4.6-17 uM		Ortiz de Urbina, J.J., Martin, M.L., Sevilla, M.A., Montero, M.J., Carron, R., and San Roman, L. Antispasmodic Activity on Rat Smooth Muscle of Polyphenol Compounds Caffeic and Protocathechic Acids. <i>Phytotherapy Research</i> 4(2): 73, 1990.		
Antitumor (Colon)				
Antitumor (Mouth)				
Antitumor (Skin)				
Antitussive		Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.		
Antiviral				
Apoptotic				
Carcinogenic				
Cardioprotective				
Chemopreventive 100 ppm orl rat				
Fungicide 500 ug/ml		Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.		
Glutathione-Depleting				
Hepatotoxic				
Immunostimulant		Economic & Medicinal Plant Research, 1: 124.		
Nephrotoxic				
Pesticide				
Phagocytotic		Economic & Medicinal Plant Research, 1: 124.		
Prostaglandigenic				
Secretagogue		Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.		
Tyrosinase-Inhibitor ID60=0.5 uM/ml				
Ubiquit		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.		
PROTOCATECHUIC-ACID	Leaf	--	--	*

Allergenic	
Alpha-Glucosidase-Inhibitor	
AntiLegionella	
Antiarrhythmic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407.
Antiasthmatic	
Antibacterial	Lamikanra, A., Ogundaini, A.O., and Ogungbamila*, F.O. Antibacterial Constituents of Alchornea cordifolia Leaves. Phytotherapy Research 4(5): 198.
Anticlastogen	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherpetic	
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiischemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukemic	
Antimelanogenic ID60=0.5 uM/ml	
Antimutagenic	
Antiphidic	Economic & Medicinal Plant Research, 5: 363.
Antioxidant 2/3 quercetin	
Antioxidant 10 x alpha-tocopherol	
Antioxidant 1/2 BHT	
Antiperoxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.
Antiperoxidant IC75=200 ug/ml	
Antiradicular	
Antiseptic	
Antispasmodic EC50=4.6-17 uM	Ortiz de Urbina, J.J., Martin, M.L., Sevilla, M.A., Montero, M.J., Carron, R., and San Roman, L. Antispasmodic Activity on Rat Smooth Muscle of Polyphenol Compounds Caffeic and Protocatechic Acids. Phytotherapy Research 4(2): 73, 1990.
Antitumor (Colon)	
Antitumor (Mouth)	
Antitumor (Skin)	
Antitussive	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Antiviral	
Apoptotic	
Carcinogenic	
Cardioprotective	
Chemopreventive 100 ppm orl rat	
Fungicide 500 ug/ml	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Glutathione-Depleting	
Hepatotoxic	
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.
Nephrotoxic	
Pesticide	
Phagocytotic	Economic & Medicinal Plant Research, 1: 124.
Prostaglandigenic	
Secretogogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Tyrosinase-Inhibitor ID60=0.5 uM/ml	
Ubiquitin	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

QUERCETIN Leaf 2.0 100.0 -0.35 Jim Duke's personal files.

Activities (176)

11B-HSD-Inhibitor	
5-Lipoxygenase-Inhibitor IC50 (uM)=4	
ATPase-Inhibitor	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Aldehyde-Oxidase-Inhibitor IC70-96=10 uM	
Aldose-Reductase-Inhibitor 100 uM	
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.
Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387

Inhibitor IC50=0.544 uM	024.
Allelochemical IC82=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Allergenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Analgesic	
AntiCrohn's 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine .John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiGTF ID50=120 ug/ml	
AntiHIV	
AntiPMS 500 mg/2x/day/wmn	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine .John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaflatoxin IC50=25 uM	
Antiaflatoxin IC50=7.5 ppm	
Antiaggregant IC50=55 uM	Economic & Medicinal Plant Research, 5: 333.
Antiaggregant 30 uM	
Antiajag	
Antiallergic IC50=14 uM	Jim Duke's personal files.
Antialzheimeran	
Antianaphylactic	Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. <i>Phytotherapy Research</i> 4(5): 201, 1990.
Antiangiogenic	
Antiarthritic	
Antiasthmatic IC50=14 uM	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticarcinomic (Breast) IC50=1.5 uM	Medline (post 1990 searches filed in my computer)
Anticariogenic ID50=120 ug/ml	
Anticataract	
Anticolic 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine .John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticomplementary	
Anticystistic 1,000 mg/day/4 weeks	
Antidepressant	
Antidermatitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine .John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidiabetic	
Antielastase IC50=0.8 ug/ml	
Antiepileptic	Economic & Medicinal Plant Research, 5: 199.
Antiescherichic	
Antiestrogenic	
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrosarcomic	
Antiflu	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antigastric	Rastitel'nye Resursy, 21: 85.
Antigonadotropic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990.
Antiherpetic 48-150 ug/ml	
Antihistaminic IC50=<10 uM	
Antihydrophobic	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antihypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20-150 mg/kg	Fitoterapia No.5-1990.
Antileishmanic IC50=64	
Antileukemic IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antileukemic 5.5-60 uM	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine .John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilipoperoxidant IC67=50	
Antimalarial IC50=1-6.4 ug/ml	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

Antimycarditic	Economic & Medicinal Plant Research, 5: 199.
Antinitrosaminic	
Antinociceptive	
Antioxidant IC96=300 ppm	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant ED50=2.3 uM	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. Phytotherapy Research, 14(2): 93-98.
Antioxidant 4.7 x Vit. E	
Antioxidant IC47=10 uM	
Antipancreatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antiperiodontal	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiperistaltic	
Antipermeability	
Antiperoxidant	Planta Medica, 57: A110, 1991.
Antipharyngitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplasmodial IC50=13-64	
Antipodriac	
Antipolio	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiproliferant 10 nM	
Antiprostanoid	
Antiprostatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular IC50=4.6 uM	Planta Medica, 56(6): 695, 1990.
Antispasmodic	
Antistreptococcic ID50=120 ug/ml	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithrombic	
Antitrypanosomic IC50=13	
Antitumor 10 uM	
Antitumor (Bladder)	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	
Antitumor (Skin) 20 uM	
Antitumor-Promoter	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antiviral 48-150 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992.
Apoptotic 20-60 uM	
Bacteristat 10 mg/ml	
Bradyocardiac	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
COMT-Inhibitor	
COX-2-Inhibitor <40 uM	
Calmodulin-Antagonist	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Capillariprotective	Merck 11th Edition
Carcinogenic 40,000 ppm (diet) mus	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Catabolic	
Copper-Chelator	
Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A2-Inhibitor	
Cytotoxic ED50=70 ug/ml	Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells. Planta Medica, 56(6): 677, 1990.
Cytotoxic IC82=100 ug/ml	Planta Medica, 57: A113, 1991.
Deiodinase-Inhibitor	Jim Duke's personal files.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Differentiator 5.5 uM	
Estrogenic 10% genistein	
Fungicide	
Glucosyl-Transferase-Inhibitor ID50=120 ug/ml	

ug/ml	Derivatives. Journal of Natural Products, 55(5), 1234-1240, 1992.
Hemostat	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Hepatomagenic 5,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective	
Hypoglycemic 100 mg/kg orl rat	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989.
Inotropic	
Insulinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Juvabional	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Larvistat 8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC11=>1.25 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Lipoxygenase-Inhibitor IC50=>0.1-5 uM	
MAO-A-Inhibitor	
MMP-9-Inhibitor 20 uM	
Mast-Cell-Stabilizer	
Metal-Chelator (Copper)	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. Phytotherapy Research, 14(2): 93-98.
Metalloproteinase-Inhibitor IC50=>42 uM	
Mutagenic	
NADH-Oxidase-Inhibitor	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor IC>50=125 uM	
NO-Inhibitor IC50=20 uM	
NO-Synthase-Inhibitor 5-50 uM	
Neuroprotective 5-25 uM	
Ornithine-Decarboxylase-Inhibitor <10 uM	
P450-Inducer 5 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
P450-Inhibitor 50-100 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
PGE2-Inhibitor	
PTK-Inhibitor 0.4-24 uM	
Pesticide	
Phospholipase-Inhibitor	
Plasmodicide	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Proliferant	
Prostaglandin-Synthesis-Inhibitor 40 ug/ml	Ibewuike, J. C., Ogungbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . Phytotherapy Research, 11(4): 281-284.
Protein-Kinase-C-Inhibitor	Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. Phenolic Compounds in Food and Their Effects on Health, Ch.14.
Quinone-Reductase-Inducer 6 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. Cancer Lett., 120 (2): 213-216.
Quinone-Reductase-Inducer 13 uM	
TNF-alpha-Inhibitor IC50=>3.11 uM	
Teratologic	
Topoisomerase-I-Inhibitor IC50=>12.8 ug/ml	
Topoisomerase-I-Inhibitor IC50=>42 uM	
Topoisomerase-II-Inhibitor IC50=>1-6.9 ug/ml	
Topoisomerase-II-Inhibitor IC50=>23-40 uM	
Tumorigenic 0.1% diet orl rat/yr	Jim Duke's personal files.
Tyrosinase-Inhibitor ID50=>70 uM	
Tyrosine-Kinase-Inhibitor	Economic & Medicinal Plant Research, 6: 170.
VEGF-Inhibitor	
Vasodilator	
Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml	Chem. & Pharm. Bull. 38: 1772.
Xanthine-Oxidase-Inhibitor IC50=>10.6 ug/ml	
Xanthine-Oxidase-Inhibitor 3.1 uM	
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

QUERCETIN-3'-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.			
Activities (2)							
Antibacterial							
Pesticide							
QUERCETIN-3-SINAPOYL-SOPHOROSIDE	Leaf	--	--	Jim Duke's personal files.			
QUERCETIN-3-SOPHOROSIDE	Leaf	--	--	Jim Duke's personal files.			
QUERCETIN-3-SOPHOROSIDE-7-GLUCOSIDE	Leaf	--	--	Jim Duke's personal files.			
QUINIC-ACID	Leaf	--	--	Jim Duke's personal files.			
Activities (1)							
Choleretic		Fitoterapia No.5-1986.					
RHODANIDES	Leaf	--	--	*			
RIBOFLAVIN	Leaf	--	4.0	-0.16	*		
Activities (15)							
AntiLyme 50 mg/day							
Antiarabiflavinotic 2-10 mg/day orl		Martindale's 28th					
Anticarpal-Tunnel 50 mg/day			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticataract 15 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Anticephalagic							
Anticervicaldysplastic 1.6-10 mg/day							
Anticheilitic							
Antidecubitic							
Antiglossitic		Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antikeratitic							
Antimigraine							
Antioxidant							
Antipellagric							
Antiphotophobic		Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Cancer-Preventive			Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
RUBIDIUM	Leaf	0.4	27.5	-0.5	ACTA AGRIC SCAND SUPPL 22: 1980		
RUBROBRASSINCHLORIDE	Leaf	--	--	List, P.H. and Horhammer, L. Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.			
S-METHYL-CYSTEINE-SULFOXIDE	Leaf	--	--	*			
Activities (2)							
Antidiabetic							
Antihypercholesterolemic							
S-METHYL-METHIONINE-SULFOXIDE	Leaf	--	--	*			
SALICYLATES	Leaf	--	15.0	-0.54	*		
Activities (7)							
Antiaggregant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
Antiinflammatory	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
Antipyretic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
Antiuricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
Hyperglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
Hypoglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
Uricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.						
SEC-BUTYL-ISOTHIOCYANATE	Seed	--	--	Jim Duke's personal files.			
SELENIUM	Leaf	0.003	0.25	-0.36	*		
Activities (60)							
AP-1-Inhibitor 2-50 μ M							

Anorexic	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
AntiHIV	
AntiNF-kB	
Antiacne 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiaggregant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiangiogenic 2 uM	
Antangiogenic 230 ug/kg orl rat	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	
Anticataract 400 ug/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticirrhotic	
Anticlimacteric 200 ug/day	
Anticorony 200 ug/day	
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant 200 ug/day	
Antidote (Mercury)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifibrotic 400 ug	
Antigout 200 ug	
Antikeshan	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileukemic 1.6 mg/kg ipr mus	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimaculitic	
Antimelanomic 480 ug/kg	
Antimenopausal 200 ug/day	
Antimetastatic 480 ug/kg	
Antimyalgic 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteоarthritic	
Antioxidant 100-200 (-400) ug/man/day	
Antiparkinsonian 200-400 ug/day	
Antiproliferant 2 uM	
Antiradicular 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antirheumatic	
Antisyndrome-X 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Breast) 333.6 ug/day	
Antitumor (Breast) 0.8 mg/kg scu mus	
Antitumor (Breast) 150 ug/kg diet rat	
Antitumor (Breast) 230 ug/kg orl rat	
Antitumor (Lung) 240 ug/kg diet	
Antitumor (Prostate)	
Antitumor (brain) 38-150 ug/kg	
Antiulcerogenic	Rafatullah, S., Tariq, M., Al-Yahya, M.A., Mossa, J.S., and Ageel, A.M. 1989. Evaluation of Turmeric (<i>Curcuma longa</i>) for Gastric and Duodenal Antiulcer Activity in Rats. <i>J. of Ethnopharmacology</i> , 29: 25-34, 1990.
Anxiolytic	
Apoptotic	
Cancer-Preventive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cardioprotective 200 ug/day	
Depressant	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
Fungicide	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator	
Immunostimulant 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
NF-kB-Inhibitor	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Polyamine-Synthesis-Inhibitor	
Prostaglandin-Sparer	Fujita, T., Nakatani, E., Funaishi, N., Sakuma, S., Fujimoto, Y. Potent inhibition of prostaglandin inactivation in rabbit gastric antral mucosal slices by selenium ions in-vitro. <i>J. Pharm. Pharmacol.</i> 42: 655-657, 1990.
Protein-Kinase-C-Inhibitor	

VEGF-Inhibitor

SERINE Leaf 710.0 9493.0 -0.29 USDA's Ag Handbook 8 and sequelae)

Activities (1)

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

SILICON Leaf 1.0 25.0 -0.34 ACTA AGRIC SCAND SUPPL 22: 1980

Activities (4)

Antiarteriosclerotic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antionychytic

Antosteoporotic

Cardioprotective

SILVER Leaf 0.07 0.58 1.33 USDA's Ag Handbook 8 and sequelae)

Activities (3)

Antibacterial Martindale's 28th

Astringent

Pesticide

SINAPIC-ACID Leaf 13.0 67.0 -0.36 *

Activities (9)

Antibacterial Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antihepatotoxic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antioxidant IC₂₇=30 ppm

Antiperoxynitrite IC₃₉=5 uM

Antiperoxynitrite IC₆₀=20 uM

Antiperoxynitrite IC₇₅=100 uM

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Fungicide Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

SINIGRIN Seed -- 44.7 -1.0 Abstract (See species file)

Activities (7)

Antifeedant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Larvicide

Mutagenic Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Pesticide

Phagocytotic Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Quinone-Reductase-Inducer 15 uM Tawfig,N. Heaney,R.K.,Plumb,J.A.,Fenwick,G.R.,Musk,S.R.R.,Williamson,G.1995. Dietary Glucosinolates as Blocking Agents Against Carcinogenesis: Glucosinolate Breakdown Products Assessed Induction of Quinone Reductase Activity I.Carcinogenesis 16(5)119-1194

SODIUM Leaf 141.0 4510.0 0.15 *

Activities (1)

Hypertensive Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

SPATHULENOL Shoot -- 90.0 0.08 *

SPIROBRASSININ Leaf -- 35.0 Jim Duke's personal files.

Activities (2)

Pesticide

Phytoalexin

STEARIC-ACID Leaf 10.0 134.0 -0.53 USDA's Ag Handbook 8 and sequelae)

Activities (8)

5-Alpha-Reductase-

Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)				
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Propecic					
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
STRONTIUM	Leaf	3.0	870.0	1.03	*
SUCCINIC-ACID	Leaf	--	--		Jim Duke's personal files.
Activities (7)					
Additive FEMA 200-2,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Antifeedant					
Bruchiphobe	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents,</i> CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Dye	Merck 11th Edition				
Perfumery	Merck 11th Edition				
Pesticide					
SULFORAPHANE	Leaf	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Activities (5)					
Antioxidant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.				
Quinone-Reductase-Inducer IC50=11 uM					
Quinone-Reductase-Inducer 15 uM gas mus	Cho, C. G., Posner, G. H., Talalay, P., Zhang, Y. S. 1995. <i>Chemoprotective Isothiocyanates.</i> Patent-US-5,411,986: 1-22.				
Quinone-Reductase-Inducer 15 uM igs mus	Zhang, Y., Talalay, P., Cho, C. G., Posner, G. H. 1992. <i>A Major Inducer of Anticarcinogenic Protective Enzymes from Broccoli: Isolation and Elucidation of Structure.</i> Proc. Nat. Acad. Sci., 89: 2399-2403.				
Quinone-Reductase-Inducer IC50=5-0.03 ug/ml	Lee, S. K., Song, Y., Mata-Greenwood, E., Kelloff, G. J., Steele, V. E., Pezzuto, J. M. 1999. <i>Modulation of in vitro Biomarkers of the Carcinogenic Process by Chemopreventive Agents.</i> Anticancer Res., 19: 35-44.				
SULFUR	Leaf	385.0	8750.0	0.92	*
Activities (14)					
Acarifuge					
Antiacne	Martindale's 29th				
Antiarthritic	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.				
Antidandruff	Martindale's 29th				
Antigrey	Martindale's 29th				
Antiosteоarthritic	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.				
Antiseborrheic	Martindale's 29th				
Antiseptic	Martindale's 29th				
Comedogenic	Martindale's 29th				
Keratolytic	Martindale's 29th				
Laxative	Martindale's 29th				
Parasiticide	Martindale's 29th				
Pesticide					
Scabicide	Martindale's 29th				
TERPINEN-4-OL	Shoot	--	22.0	-0.16	*
Activities (23)					
Allelopathic	Wright,C.W.(Ed)2002. <i>Medicinal&Aromatic Plants-Industrial Profiles.</i> Artemisia.344pp.Maffei,M.(Ed)2002. <i>Vetiveria.</i> The Genus <i>Vetiveria.</i> Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999. <i>Tea Tree.</i> The Genus <i>Melaleuca.</i> Harwood Acad.Pub.Amsterdam,Netherlands.				
Antiacyetylcholinesterase IC21-24=1.2 mM					
Antiacne					
Antiallergic					
Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.				
Antibacterial					
Antioxidant					
Antiseptic	Flav. & Frag. J. 9: 129.				
Antispasmodic					
Antitussive	Chin. J. Tuber. Respir. Dis.				

Bacteriostatic	Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat	
Fungicide	
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015	
Vulnerary	Lawrence Review of Natural Products, Jan-91.

TERPINOLENE	Shoot	--	3.6	-0.7	*
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Activities (9)

Allelochemical	
Antifeedant	
Antinitrosaminic	
Antioxidant	
Deodorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 15-60	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

THIAMIN	Leaf	0.5	10.0	0.35	*
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Activities (31)

Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg	
Antialcoholic 50-100 mg/day	
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiberiberi	
Anticanker	
Anticardiospastic	
Anticataract	
Anticolitic	
Antidecubitic	
Antideliriant	
Antidementia	
Antidyspeptic	
Antiencephalopathic	Martindale's 29th
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antigastric	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihangover 50 mg	
Antiheartburn	
Antiherapeutic	
Antimigraine	
Antimyocarditic	
Antineuralogic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineurasthenic	
Antineuritic	
Antineuropathic 50 mg	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipoliomyelitic	
Insectifuge 75-150 mg/man/day	Martindale's 28th
Neuroprotective	
Pesticide	

THREO-1-CYANO-2-HYDROXY-3,4-EPITHIOPUTANE	Leaf	--	--	*	
THREONINE	Leaf	420.0	5615.0	-1.4	USDA's Ag Handbook 8 and sequelae)
Activities (4)					
Antioxidant?					
Antiulcer	Martindale's 29th				
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
FLavor FEMA 1,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
TITANIUM	Leaf	0.35	203.0	0.18	*
TRANS-2-HEXENAL	Leaf	--	--		Wealth of India.
Activities (4)					
FLavor FEMA 0.7-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Paramecicide	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.				
Pesticide					
Prosticidie	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.				
TRANS-2-PENTENOL	Leaf	--	--		Wealth of India.
TRIACONTAN-1-OL	Leaf	--	--	*	
Activities (1)					
Hormonal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
TRITHIONE	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
TRYPTOPHAN	Leaf	120.0	1604.0	-1.44	USDA's Ag Handbook 8 and sequelae)
Activities (29)					
Analgesic 750 mg/4x/day/orl/man	Martindale's 29th				
Antianxiety 500-1,000 mg/meal	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidementia 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidepressant 1-3 g/3x/day/orl/man	Martindale's 29th				
Antidyskinetic 2-8 g/orl/wmn/day	Martindale's 29th				
Antihypertensive	J. Agri. & Food Chemistry, 36: 1079.				
Antiinsomniac 1-3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antimanic 12 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antimenopausal 6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antimigraine 500 mg/mán/4x/day	Martindale's 29th				
Antioxidant 125 ug/ml					
Antiparkinsonian 2 g 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiphenylnketonuric	Martindale's 29th				
Antiprostaglandin 250 pg/ml					
Antipsychotic 12 g/man/day	Martindale's 29th				
Antirheumatic	Martindale's 29th				
Antiscoliotic					
Carcinogenic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses				
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Hypnotic	Martindale's 29th				
Hypoglycemic	Economic & Medicinal Plant Research, 6: 157.				
Hypotensive 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Insulinase-Inhibitor	Economic & Medicinal Plant Research, 6: 157.				
Insulinotonic	J. Agri. & Food Chemistry, 36: 1079.				
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Prolactinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Sedative 3-10 g/man/day					
Serotonergic 6-12 g/day/orl/man	Martindale's 28th				
Tumor-Promoter	J. Agri. & Food Chemistry, 36: 1079.				
TYROSINE	Leaf	210.0	2807.0	-1.44	USDA's Ag Handbook 8 and sequelae)

Activities (8)

Antidepressant?	Martindale's 29th
Antinecephalopathic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiparkinsonian 100 mg/kg/day	
Antiphenylketonuric	Martindale's 29th
Antiulcer 256 mg scu	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Antiulcer 400 mg/kg ipr rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

UBIQUINONE

Leaf	--	--	List, P.H. and Horhammer, L. Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
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Activities (8)

Antiangular 150 mg/dat/4 wks	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antigingivitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiischemic	
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiperiodontitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	
Immunostimulant	
Phagocytotic 100 ug/ml	

VALINE

Leaf	520.0	6952.0	-1.61	USDA's Ag Handbook 8 and sequelae)
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Activities (3)

Antinecephalopathic	Martindale's 29th
Essential	
FLavor FEMA 1,000-2,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

VANADIUM

Leaf	0.48	14.5	1.31	USDA's Ag Handbook 8 and sequelae)
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Activities (16)

ATPase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic ?25-100 ug/man/day?	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiinfertility	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinsulinogenic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antimanic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antisyndrome-X ?25-100 ug/man/day?	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Cancer-Preventive?	
Cardioprotective?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypocholesterolemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotriglyceridemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Nephrotoxic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Pancreotoxic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Toxic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95

VERBENONE

Shoot	--	7.2	-0.25	*
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Activities (5)

Allelochemical	
Coleopterifuge	
Insectifuge	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

VIOLAXANTHIN

Leaf	--	--	Jim Duke's personal files.
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ACTIVITIES (2)

Colorant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.
 Ubiquiot Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

VIT-B-6	Leaf	0.8	14.0	-0.13	USDA's Ag Handbook 8 and sequelae)
VIT-U	Leaf	2.0	25.0		Jim Duke's personal files.
WATER	Leaf	891000.0	950000.0	0.71	USDA's Ag Handbook 8 and sequelae)
YTTERBIUM	Leaf	0.19	8.7	0.41	USDA's Ag Handbook 8 and sequelae)
YTTRIUM	Leaf	0.48	29.0	1.72	USDA's Ag Handbook 8 and sequelae)
ZINC	Leaf	2.0	41.0	-0.28	*

Activities (77)

ACE-Inhibitor					
Analgesic					
AntiBPH 25-60 mg/day					
AntiCrohn's		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			
AntiHIV					
Antiacne 135 mg/day					
Anticrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th				
Antialcoholic					
Antiallopeptic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			
Antialzheimeran 50 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antiangiogenic					
Antianorexic	Martindale's 29th				
Antiarthritic 50 mg/3x/day/orl/man					
Anticanker 100 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Anticataract 30 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Anticoeliac	Martindale's 28th				
Anticold 50 mg		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			
Anticolic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			
Anticorony 30 mg/day		Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95			
Antidandruff		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			
Antidementia					
Antidiabetic 30 mg/day		Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95			
Antidote (Cadmium)	Let's Live, May 1989.				
Antidysgeuzic					
Antieczemic 150 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antinecephalopathic	Martindale's 29th				
Antiepileptic 100 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antifibrotic 30 mg					
Antifuruncular 45 mg/3x/day/man	Martindale's 28th				
Antihangover 15 mg					
Antiherpetic? 25-60 mg/day					
Antiimpotence	Martindale's 29th				
Antiinfective 50 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antiinfertility 60 mg/day		Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.			
Antiinsomniac		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			
Antileptic	Martindale's 29th				
Antileukonychic					
Antilymphomeric					
Antimaculitic					
Antimetastatic					
Antineuropathic					
Antinyctalopic					
Antiobesity 30 mg/day		Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95			
Antiosteoporotic					
Antiperiodontic					
Antiplaque	Martindale's 29th				
Antiprolactin		Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antiprostatic 50 mg/man/day/orl		Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antirheumatic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.			

Antispasmodic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitic 60-120 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th

ZIRCONIUM

Leaf 1.4 203.0 2.6 *